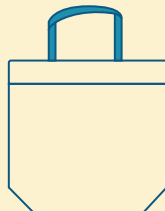


PLASTIC-FREE TRAVELLING



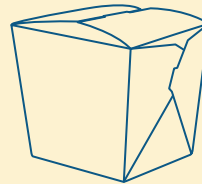
TRAVEL MUG

Perfect for grabbing coffees on the go - you may even get a discount helping your holiday money go further



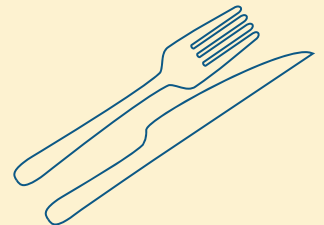
SHOPPING BAGS

Whether it's for duty free purchases or storing wet swimming gear, having a supply will mean you don't need to buy more



FOOD CONTAINERS

Planning a picnic? Save plastic wrapping while keeping food fresh and giving you the freedom to eat where you like



REUSABLE CUTLERY

Pack your own set so you can decline single-use cutlery



INFLATABLES

If you always purchase a lilo or ball for the week, try taking your own with you or ask the hotel if they have any spares

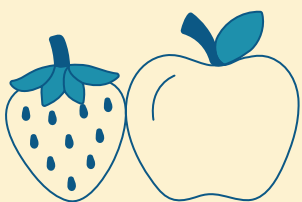
10 TIPS

TO HELP REDUCE
THE AMOUNT
OF PLASTIC
YOU USE WHILE
TRAVELLING



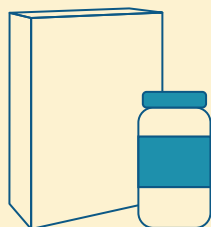
METAL STRAW

If you prefer drinking with a straw, this is a great item to have with you



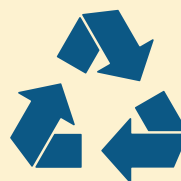
FOOD PACKAGING

Seek out markets where you can buy items loose or in paper bags



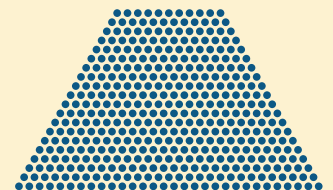
BASIC SUPPLIES

If you're going self-catering, try to take supplies with you if you know you won't use a whole container



RECYCLING

Finding recycling options in accommodation can be hard, but ask around and you'll likely find a nearby recycling point



MICROBEADS

Whilst they're banned in the UK, this isn't the case in all countries so take time to check the labels on cosmetics you buy