

COMMODORE CLIPPER SPRING/SUMMER 23

# GOOD TIMES

JERSEY

## TORTOISE TAKEOVER

THIS SUMMER

GUERNSEY

## GREAT OUTINGS

SEE & DO

FRANCE

## AROUND THE BAY

OF MONT ST MICHEL

SOUTH COAST

## GOING GLAMPING

THIS SUMMER





# Welcome aboard



“  
**Thank you for choosing Condor Ferries. Whether you are on your outward trip or returning home, I hope you enjoy your journey with us**  
”

It is fantastic that this year sees the first full season of unrestricted travel since 2019. This means a return to the spirit of adventure; families being reunited and the excitement around booking and travelling away for short weekends and long summer holidays. And for Condor, we are making some positive changes.

Our early season car passenger bookings are returning to pre-pandemic levels across all of our routes which is very encouraging. We believe this is due to a recovery in confidence amongst consumers, a joint marketing effort with tourism in the Islands and the growing popularity of our new UK tour operator business, Condor Breaks, [www.condorferries.co.uk/holidays-breaks](http://www.condorferries.co.uk/holidays-breaks). People are looking to travel once again in greater numbers than we have seen for a few years and this will certainly benefit the local tourism economies.

By the end of this year, Condor Islander, will have entered service, supporting the three strands of the Islands' economies - lifeline freight, connectivity for Islanders and inbound tourism. She is a conventional roll on/roll off vessel, similar in size, speed and capability to Clipper and we plan to use her on the freight supply route from Portsmouth, offering an overnight passenger and freight service in both directions. Condor Islander's introduction will also enable the larger fleet to assist inter-Island frequency and continue to develop freight services from France, which are showing real growth and potential.

Our high speed services ply between Poole, Jersey and Guernsey, from Cherbourg to Guernsey and to both Islands from St Malo in western France and Condor Breaks is bringing over more and more UK visitors to experience the Islands. The programme is now being extended to offer inclusive holidays to Islands' residents to France and the UK.

We are hopeful that the success of last summer, coupled with the positive figures for this year, offers optimism that 2023 could be a good season for everyone.

Thank you for travelling with us and I hope to see you on board soon.

*John*

John Napton,  
CEO



Just a 10 minute walk from Elizabeth Terminal



Spend time @ BLU

With spectacular views you can sit and watch the world go by. Serving food and drinks from 8am throughout the day.

[www.radissonblu.com/hotel-jersey](http://www.radissonblu.com/hotel-jersey)

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Jersey, Channel Islands, JE2 3WF  
Telephone: 01534 671100







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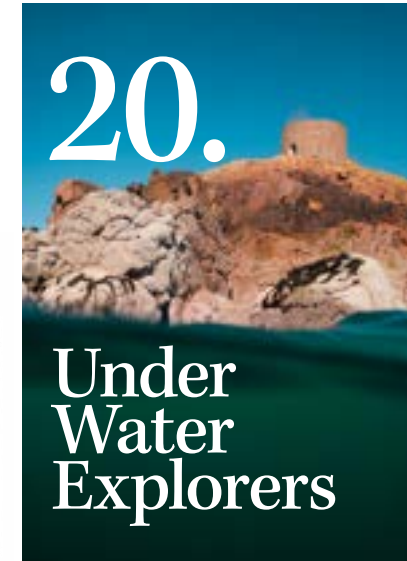
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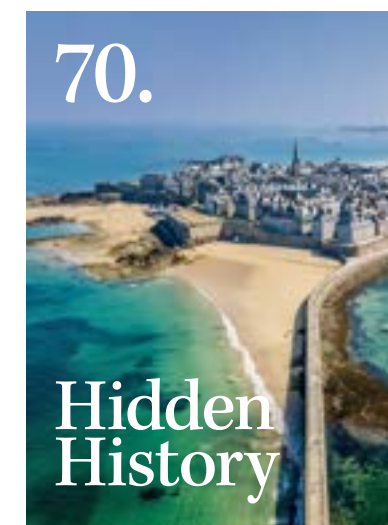
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# LET THE Journey begin



*Whether we're sailing you to the sunniest corner of the British Isles, Jersey, or the emerald isle of Guernsey, or maybe the historical port city of St Malo, the Cherbourg peninsular or perhaps the breathtaking Jurassic coast of Dorset, we hope you enjoy your journey with us today.*



## Upgrade

YOUR VIEW

Now you're on Commodore Clipper, if you wished you'd treated yourself to a seat upgrade in one of the private lounges or even fancy booking a day cabin – you still might be able to!

*Find out more on pg 8*



## Refresh

& RECHARGE

On each ship, we offer a variety of hot and cold meals, snacks and drinks, and there's meal deals and kids meals too. Just pop along to the bar, café or restaurant on your ship to see what's on offer.

*Find out more on pg 10*

“ We're here to make your journey as special as possible, and as much a part of the experience as your holiday itself. If you're reading this right now, chances are you've found your seat, are feeling settled and ready to find out how best to navigate your time onboard ”



## Duty Free

SHOPPING

Don't miss the opportunity to while away the time with some retail therapy while saving up to 40% on UK high street prices across big brand wines, spirits, skincare, fragrance and gadgets.

*Find out more on pg 12*



## Surf's Up

WIFI ONBOARD

We are in process of upgrading our WiFi service. From Summer 2023 you can buy WiFi by opening your WiFi settings on your mobile device and selecting the network 'SSID'. Choose the number of hours you want to access and pay by card. Sorted! Head to p96 for the full detail.



**A word of advice** – make sure you switch off your mobile roaming or your device may automatically connect you to an independent maritime satellite service, which charges premium rates. This is not a Condor Service!



## Child's play

KEEP KIDS HAPPY

Visit the kids chill out zone where they can blow off some steam, connect to WiFi so they stay connected to their games and apps, take them to the onboard shop where they can find pocket money toys like colouring books, Lego and squishies. And of course, for hungry tummies, there'll be something on our restaurant menu to keep them satisfied.



## Parking

KNOW HOW

To use car parks and on-street parking, while on Jersey and Guernsey, you'll need a parking disc (£2.50) for Guernsey and Paycard Vouchers for Jersey (£8.50 per ten). Be prepared and buy before you arrive as they won't be sold on the roadside or in car parks. They're available in our duty free shop.





CLIPPER

# Upgrade your space

Now you're onboard, if you wished you had treated yourself to a seat upgrade in one of our exclusive lounges, you might still be able to if there's availability. Choose to upgrade to a reclining seat in a quiet lounge or for extra luxury our Club Class service, or even a day cabin for that extra space and privacy. Club Class seats come with their own power supply for recharging devices.

“

If you fancy upgrading your journey, just speak to one of our Cabin Managers who will be happy to help

”

You can make savings on upgrade prices if you book online before you travel.



## Reclining Seats

Choose to upgrade to a comfortable reclining seat – ideal for when you travel on our overnight crossing. These seats are located in a private quiet lounge, with views over the front of the ship.

BETWEEN JERSEY & GUERNSEY

£8.95

PER PERSON EACH WAY

BETWEEN CHANNEL ISLANDS & UK

£14.95

PER PERSON EACH WAY



LEATHER RECLINING SEATS



SECURE KEY-CARD ENTRY



## Club Class

Treat yourself to a luxury leather at-table seat, situated in an exclusive lounge away from the hustle and bustle. Enjoy free coffee and tea, and the convenience of at seat power supply.

BETWEEN JERSEY & GUERNSEY

£21.95

PER PERSON EACH WAY

BETWEEN CHANNEL ISLANDS & UK

£27.95

PER PERSON EACH WAY



LEATHER RECLINING SEATS



POWER SUPPLY



COMPLIMENTARY TEA & COFFEE



## Cabins

If you fancy space and privacy on your day crossing, then why not see if there is a cabin available. There are 2, 3 and 4 berth cabins available with en suite or shared bathroom facilities.

BETWEEN CHANNEL ISLANDS & UK

INSIDE CABIN

£55

PER DAY CABIN EACH WAY

OUTSIDE CABIN

£60

PER DAY CABIN EACH WAY

SUPERIOR CABIN

£65

PER DAY CABIN EACH WAY

NIGHT CABIN

FROM £140

PER CABIN EACH WAY



2, 3 & 4 BERTH CABINS



COMPLIMENTARY BREAKFAST ON OVERNIGHT CROSSINGS



SUPERIOR CABIN UPGRADES AVAILABLE



WITH EN SUITE OR SHARED FACILITIES



DISABLED CABINS AVAILABLE



SUPERIOR CABINS: TV/ DVD, COMPLIMENTARY BOTTLED WATER



Our onboard restaurant and bars offer a great selection of hot meals, snacks, wines, draught beer, spirits and soft beverages.

FOOD & DRINK

# Refresh & Recharge

During your journey today, you'll probably want to enjoy something to eat or drink. A heart-warming full English breakfast for early doors passengers, delicious panini and sandwiches for a quick snack, or customer favourites like traditional fish and chips, burgers and lasagne for something a little more filling. Choose from a wide range of wine, spirits, soft drinks, teas and coffees.

“

We've curated a menu that offers something for everyone, whatever time of day you're travelling, where quality and value is key

”



## Fish & Chips

CUSTOMER FAVOURITE

Freshly battered Fish & Chips served with peas and tartar sauce



## Commodore Clipper

### CLIPPER BRASSERIE

The brasserie offers something for every type of hunger craving, from traditional English breakfasts, to main meals like fish and chips or gourmet burgers and lighter bites such as jacket potatoes, soup and pastries. A wide selection of hot and cold drinks are also served here.

### CASQUETS BAR

For a selection of wines, prosecco, spirits, draught beer, cider and soft drinks. Why not kick your journey off in style with a bottle of bubbly?

### COFFEE CULTURE

You'll find a full selection of hot drinks available, including cappuccino, americano, hot chocolate and speciality tea. For a treat with your cuppa, the bars provide a fresh selection of croissants, pain au chocolate and muffins.



## On the Menu

A TASTE OF OUR MOST POPULAR MEALS

### TRADITIONAL BREAKFAST

Our classic fry-up with a succulent British Cumberland sausage, rasher of bacon, fried egg, mushrooms, tomato, tasty hash brown, and baked beans

### BACON OR SAUSAGE BAP

Three rashers of bacon or two succulent British Cumberland sausages served in a floured bap

### PASTRIES

Croissants or Pain au Chocolat

### FRESHLY BATTERED FISH & CHIPS

Served with peas and tartar sauce

### STEAK & ALE PIE

Served with chips, peas and gravy

### CHICKEN MADRAS

Served with rice, poppadom & mango chutney

### BEEF BURGER & CHIPS

### CLASSIC ITALIAN LASAGNE

### CHEF'S VEGETARIAN/VEGAN DISH OF THE DAY

VEGAN, VEGETARIAN & GLUTEN-FREE OPTIONS AVAILABLE.





BOTTLES FROM JUST<sup>†</sup>

£3.67



Amazing wine deals on favourite brands and our finest selection

SAVE\*

£39



Savvy savings on top tech

SAVE UP TO\*

50%



On big brand fragrances

DUTY FREE

# Shop & Save

MIX & MATCH

3 FOR 2



Sweet deals on confectionery

SAVE\*

£11



Save on skincare and make-up

LITRES FROM JUST\*\*

£8



Big offers on big brand spirits

## Reasons to shop on board

SAVE UP TO 40% OFF UK PRICES

Save on big brand wines, spirits, tobacco, fragrance, skincare, top tech and confectionery.

Plus, if you're heading to the UK, you can make the most of generous increases to amount of duty-free goods you can take ashore.



TRAVEL EXCLUSIVES

These special and often limited edition products are only available through travel retailers like us, so there's no chance of finding the same on the high street. Who doesn't love a one-off?

“

For a taste of the products and great deals in our shop, reach for Adore magazine in the back of your seat pocket. However, head straight to the shop if you don't want to miss anything!

”



GIFTING

The fantastic savings onboard gives you the ideal opportunity to stock up on gifts for any occasion, from champagne and fine wine to fragrance, skincare sets and gadgets, plus travel exclusive products for ultimate originality.

For a taste of our range and hot deals, reach for Adore magazine in the back of your seat pocket. However, head straight to the shop if you don't want to miss anything!



WINE CARRIER

If you're taking full advantage of your duty free allowance, then our six bottle reusable fabric wine carriers will make it so much easier to carry off your purchases.



FREE GIFTS

Look out for free gifts that come with many purchases, from designer tote bags and key rings to branded travel cushions.

## Our price promise

We offer big brands at unbeatable tax free or duty free prices. If you find any of our range on sale at a lower standard price in any UK high street store or supermarket, we will refund the difference.\*

### MAKING THE MOST OF YOUR ALLOWANCE

It's good to know how much duty free each person can take home. Brexit has resulted in generous increases on wine and spirits for UK bound passengers, as you can see below. For Jersey, Guernsey and France allowances see p97.

Allowance per person	
Spirits and Liqueurs	4 litres
or Champagne/Port/Sherry	9 litres
Wine	24 bottles
Cigarettes	200
or Cigarillos	100
or Cigars	50
or Tobacco	250g
Tax free fragrance/skincare/ accessories/gadgets etc	£390 worth



SUPPORTING

# Island life



“

Helping the community and supporting island life is a win-win situation. Not only can we lend a hand in all sorts of ways to help and support worthy causes, but it also gives us a great sense of pride to do so

”



£20k

Donated in 2022

20

Community Fund initiatives supported

25

Events and causes supported

T

hrough providing sponsorship, travel vouchers and donations from our Community Fund, Condor Ferries support much loved Island clubs and events from the annual Dragon Boat Race and British Sand Ace Motocross championship to Guernsey North Show and Battle of Flowers, Liberation Day Commemorations and Jersey Reds Rugby Club.

This summer sees Guernsey host the Island Games for a third time. This

biannual event celebrates international sport and companionship, with competitors from island communities around the world descending on Guernsey. As a key travel partner, Condor has scheduled sailings between the UK, Jersey and Guernsey to accommodate.

As the war in Ukraine continues at huge expense to human life, Condor also continues to provide free travel to France from the Islands for donated humanitarian aid destined for Ukraine.



YOUR PERFECT

# Island escape

WITH OVER 45 HOTELS TO CHOOSE FROM

*Escape to Jersey and Guernsey with Condor Breaks and enjoy a holiday experience like no other! With more sunshine than anywhere else in the British Isles, breathtaking coastlines, picture-perfect countryside and gourmet dining, the Islands will reward you with an unforgettable getaway.*

“ We’ve partnered with some of the top hotels in Jersey & Guernsey, so now you can book your hotel when you plan your travel

”

**O**ur dedicated on-island agents will tailor-make your perfect break with a choice of over 45 hotels and self-catering apartments, from five-star retreats to family-friendly hotels and countryside boltholes. You’ll sail across with Condor Ferries enjoying the chance to unwind in the spacious lounges, relax with a drink and bite to eat, and visit the onboard duty free shop to grab a few bargains.

Our holidays feature a range of offers such as free nights, complimentary upgrades and discounted meals, so you know you’re getting the best value for money.

Visit the ‘Free Night Offer’ page on our website for more details.

## Spa Breaks

Add a little luxury to your break with our range of spa hotels featuring indoor and outdoor pools, saunas, steam rooms, fitness centres and a range of treatments to rejuvenate mind, body and soul.

The cosmopolitan 4\* *Royal Yacht Hotel* is located by Jersey’s yacht marina in St Helier and offers a luxurious adults-only spa, with a sauna, aromatherapy room and spa bath. Plus, free nights on offer throughout the year!

The 4\* *Hotel de France, Jersey* is an all-round perfect venue - for families, a retreat break or weekend away. A luxurious spa and fitness centre sits alongside award-winning gardens and the new La Terrasse Restaurant and Bar. And, it’s only a 10-minute walk from St Helier’s centre.

## Value Breaks

One of our most popular weekend break hotels is the 3\* *Beachcombers*, minutes from the Royal Jersey Golf course, Queens Valley Reservoir and beautiful Gorey Harbour. It is also ideally placed to explore the east of the Island with the stunning views of Mont Orgueil Castle a stone’s throw away. 3-night



Pictures top to bottom: The spa at the Royal Yacht Hotel, Duke of Richmond Hotel.

weekend breaks start from only £247 per person, including ferry travel with your car, room and breakfast.

## Fine Dining

The *Duke of Richmond* is a luxury 4\* hotel in St Peter Port’s heart, overlooking the tranquil Cambridge Park and also featuring impressive coastal views. It has an outstanding reputation for dining with the much-loved *Leopard Bar & Restaurant* awarded the *AA One Rosette* for Culinary Excellence. A beautiful place to dine, a cocktail on the sunny terrace, a drink in the remarkable cellar or bar, or afternoon tea in the Conservatory – the choice is yours.

## City Breaks

The 3\* *Duke of Normandie, Guernsey* is a small, cosy hotel in St Peter Port, just a short walk from the bustling high street. With its own gastropub, *The Pickled Pig*, you can dine on delicious food in the comfort of your hotel. Stay 7 nights and receive a £50 food voucher.

## Hotel for Dogs

Bring all the family, including your four-legged friend. Our dog friendly hotels include the 4\* *St Pierre Park Spa and Golf Resort, Guernsey* on the outskirts of St Peter Port. Their designated dog friendly hotel rooms will be stashed with treats and when you’ve finished your outdoor adventures, your pooch can chill at your feet in the dog friendly lounges, bars and terraces.

For more information on our hotel collection and self-catering apartments across Jersey and Guernsey visit [www.condorferries.co.uk/holidays-breaks](http://www.condorferries.co.uk/holidays-breaks)

COMING SOON!  
Breaks to Brittany and Southern England.



**LOW DEPOSIT HOLIDAY**  
Secure your holiday for just 10%\*



**ON ISLAND SUPPORT**  
Our Sales Agent is based in Jersey and is on hand during your stay



**FREE NIGHTS**  
Enjoy a free hotel night when you book a minimum of 2 nights\*\*



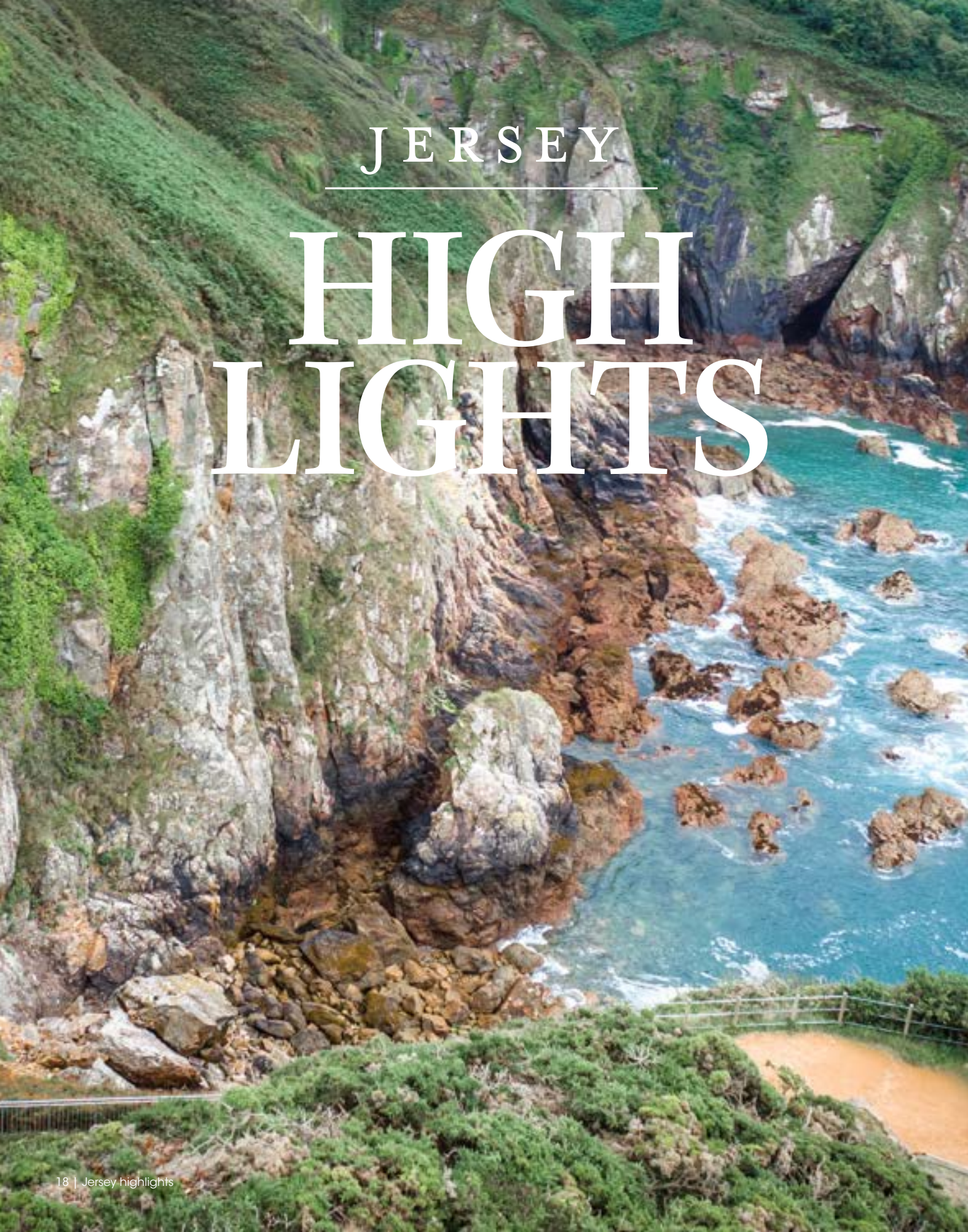
**TRAVEL WITH CONFIDENCE**  
Financial protection

\*Deposits may vary depending on property and time of booking. \*\*Free nights offered for selected hotels and dates.

Book online at [condorferries.co.uk](http://condorferries.co.uk) or call 0345 609 1026



# JERSEY HIGHLIGHTS



**1.**  
**MARITIME MUSEUM,  
ST HELIER**  
Discover stories and artefacts from Jersey's rich seafaring past. It's also home to The Occupation Tapestry, woven by Islanders to celebrate the 50th Anniversary of Liberation.

**2.**  
**JERSEY ZOO**  
Jersey Zoo is ready to welcome the whole family! Get up close with over 132 species of animals from the tiniest fruit bat to the huge gorillas.

**3.**  
**CATHERINE BEST**  
At St Peter's Windmill, browse award-winning jewellery inspired by the beauty of Jersey's landscapes, then enjoy a coffee on the restaurant terrace beneath the Windmill's sails.

**4.**  
**DEVIL'S HOLE**  
Peer 200ft down from a viewing platform into this 100ft wide eerie blowhole, and watch the waves crash through the tunnel entrance onto the rocks below.

**5.**  
**ST CATHERINE'S BAY**  
Lots of small coves to discover and at the northern end is the breakwater, where a walk to the end is breathtaking before popping into the popular Breakwater Café.

**6.**  
**LA MARE WINE ESTATE**  
In the grounds of an 18th-century granite farmhouse, this 25-acre working estate produces wines, spirits, preserves and confectionery. Tours, tasting and cream teas available.





JERSEY

# UNDER WATER

EXPLORERS

*You might think snorkelling is for holidays in the Caribbean or Maldives, but Jersey has its own fair share of underwater wonders. The recently launched Snorkel Portelet trails, will take you on a journey through anemone-rich rocky reefs, kelp forests and underwater gullies, in some of the finest shallow marine habitats in the British Isles.*

**J**ersey boasts a treasured coastline with the northwest notable for the greatest diversity of seaweed in the British Isles, and the southwest home to some of the richest clam beds in Northern Europe. Last year, to raise awareness of Jersey's coastline and its need for greater protection, Blue Marine Foundation launched a snorkel trail - called 'Snorkel Portelet' in partnership with Societe Jersiaise. The Island's extensive seagrass beds, kelp forests and maerl beds all play a role in absorbing blue carbon, and their protection, along with other important habitats, could help Jersey meet its net zero carbon goals in-line with its carbon neutral strategy.





“

**Only 6.5% of Jersey’s waters are protected and our team would like to see these Marine Protected Areas (MPAs) expand to form the basis of a Marine Park**

”

explains Freddie Watson at Blue Marine Foundation. *“Ideally this would cover at least 30% of Jersey’s territorial waters (in line with Jersey’s commitment under the Kunming-Montreal Biodiversity Framework) to protect its essential habitats which deliver for fisheries, biodiversity, climate and people.”*

The snorkel trail is first of several new underwater dive experiences planned and is an enthralling, visually-rich self-guided trail. Visitors can explore fish-rich rocky reefs, kelp, sand banks and a seagrass bed that are natural habitats for a range of marine life including ballan and cuckoo wrasse, spider crabs and snakelocks anemones.



It is located within Jersey’s first No-Take-Zone (NTZ) – (a Government initiative with Societe Jersiaise), where it’s an offence to remove any marine species, such as shellfish or seaweed from the sea habitat.

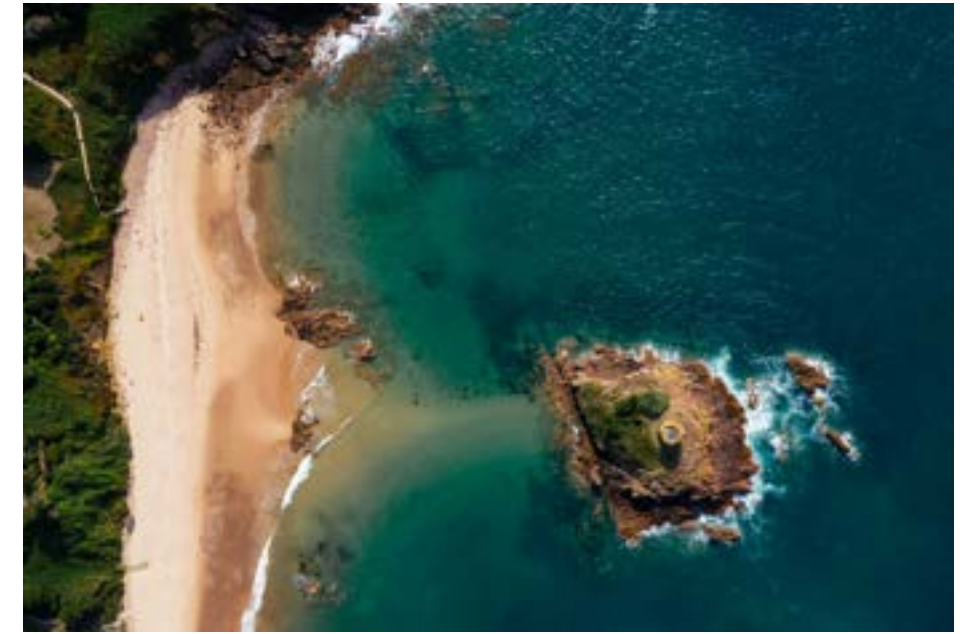
*“Everything in Jersey’s remarkable coastal ecosystem performs a crucial role, be it seagrass, a small invertebrate or a larger mobile marine species,”* Freddie Watson from Blue Marine Foundation continues. *“It is important to leave them in place to understand how climate change is affecting our marine ecosystem.”*

This oasis of marine life is nestled between stunning headlands in relative isolation from the rest of the island. A winding pathway of 200 steps, surrounded by densely vegetated cliffs, reaches down to picturesque, golden sands and clear water. A small islet located in the middle of the bay, Janvrin’s Tomb (or Île au Guerdain), is surrounded by water at high tide. At low tide, the islet becomes accessible via a soft sand bar.

The snorkel trail is helping to connect children with the delights of nature that lie beneath the water’s surface. In educating Jersey’s younger generation about the beauty and fragility of the seas, the hope is that they will be inspired to value and protect the Island’s assets in the future.

*“Anyone experiencing the marine world can see firsthand for themselves what most people will have only seen on a screen”* adds Freddie Watson. *“This not only creates amazing lasting memories, but it also helps foster a deeper connection with the natural world.”*

As part of the project, Jersey’s communities are stepping up to help better understand any changes in the Island’s coastal flora and fauna. Visitors are encouraged to upload pictures and details of the marine life they see to an app. They are also asked to share their snorkel experience here on social media using the tag #SnorkelPortelet.



## Under The Waves

Keen to follow the snorkel trail? This quartet of magical underwater gardens is named after anemones found beneath the Jersey waves:

### SNAKELOCKS

This fascinating site is rich in numerous snakelocks anemones which are distinctive for their squat brownish bodies and long, wavy, brightly-coloured snake-like tentacles. In addition to the energy captured from photosynthetic algae, they capture prey such as prawns and tiny fish using their long stinging tentacles. You’ll also see plenty of fucus seaweeds, sheltering wrasse and crabs, hiding amongst the crags of the rocky reef.

### BEADLET

With its thick seagrass, rugged gullies and rocky caves, this site is named for the curious beadlet anemone, which resemble small blobs of jelly that release 192 stinging tentacles, arranged in 6 circles, to catch small prey. As the bruisers of the pack, beadlets aggressively fight off other anemones. You’ll also see shy spider crabs and beautiful ray-finned grey mullet.

### DAHLIA

Explore the boulders and rocky overhangs where dahlia anemones hide to spot the beautiful striped tentacles that gave this species its floral name. Though commonly reddish brown, dahlia come in a range of gorgeous pinks, purples, yellows and oranges.

For camouflage, fragments of sand, shell and gravel stick to grey warts on the body. You can also spot various types of colourful wrasse at this site.

### STRAWBERRY

You’ll be wowed by the ornately coloured strawberry anemone on the rocky reefs and oarweed on this site. This rose-coloured stinging polyp sits attached to rocks or coral waiting to stun passing prey with its venom-filled tentacles. You’ll also see a variety of gobies (gobiidae) and bottom-dwelling blennies (blennioidei) here.

## Snorkel Safe

- Never snorkel alone.
- Never snorkel in rough weather.
- Only snorkel during mid to low tide when the sand bar is exposed.
- Be vigilant of moving vessels.
- Ensure equipment is well-fitted and fully functional.
- A correctly fitting wetsuit and set of fins are essential to keep you warm and mobile.
- Dial 999 if in need of emergency services.



# CATHERINE BEST



## Jewellery that captures moments

With over 30 years of experience and multiple awards received over her career Catherine was trained as a craftsman and now also leads the design team. Every detail and every facet of our jewellery, from concept to finish, is overseen by our expert stone buyers, designers and craftsmen. Now a second generation business Catherine, with her daughters Vikki and Penelope, creates jewellery that captures moments to last a lifetime.



## Cradle your loved ones

The Cradle of Love Pendant is inspired by Catherine's love for her family and that instinctive desire to keep them close when they are apart. Each runner within the crescent holds a gemstone to represent a loved one, making each combination unique to the owner and a truly sentimental handcrafted gift.

LONDON | JERSEY | GUERNSEY



catherinebest.com





# JERSEY Gourmet



## Sumas Restaurant

GOREY HILL,  
ST MARTIN

Located in the picturesque harbour of Gorey on the East coast of the Island, Sumas offers quality food and service with a focus on seasonal produce and local seafood such as hand dived scallops, crab and oysters.

+44 (0)1534 853 291  
sumasrestaurant.com



## Feast

10-11 GOREY PIER

Contemporary harbourside restaurant with a laid back vibe, specialising in delicious and modern cuisine, from our a la carte menu with daily specials. Enjoy an extensive selection of premium drinks, cocktails and wines. Contact us for current menus and opening times.

+44 (0)1534 611 118  
reservations@feast.je

“  
When it comes to restaurants,  
you'll be spoilt for choice on  
Jersey, especially if you are  
a lover of seafood



## Coast Bar & Bistro

OMMAROO HOTEL,  
ST HELIER

'Coast' is the flagship Bar & Bistro at Ommaroo Hotel, with a unique sea-view across the bay of Havre des Pas, St Helier. A seasonal menu offers contemporary and classic favourites, plus fresh new flavours - or simply relax with a drink at the bar. Free onsite parking.

+44 (0)1534 723 493  
www.ommaroo.com/coast



## Seafish Cafe

LIBERTY WHARF,  
ST HELIER

Seafish Cafe serves Jersey's finest fish and chips. Whether you are sitting in their 65 seater restaurant or choose to takeaway, the Seafish Cafe promises you great fish and chips alongside many other dishes.

+44 (0)1534 510 015  
seafishcafe.com

## La Bastille Brasserie

QUEEN STREET,  
ST HELIER, JE2 4WD

Located in a stunning 17th century building in the heart of St. Helier, La Bastille is the ultimate escape – the perfect spot to enjoy sensational food, wine and real beers. Rich in heritage and abundant in local produce, La Bastille offers a French-style brasserie, serving everything from French inspired dishes and local shellfish to grazing plates and pizzas.

The new Bière Atelier offers a true selection of real ales, craft beers and lager from around the world. These delicious elements are fused together to offer an excellent dining experience that you won't forget in a hurry. The warm and charismatic charm of the restaurant plays on the existing 17th century subterranean structure juxtaposed with a modern menu, extensive wine list and laid-back yet spirited atmosphere that will delight the senses. With live music at weekends, La Bastille & Bière Atelier offers something for everyone and will leave you eager to return.

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JERSEY

# FOODIE WALKS

*From stomach rumbling strolls to walks to whet your appetite, Jersey's harbour-edged foodie haven of Gorey serves up the Island's tantalising tastes on a plate, says travel writer Sarah Woods.*

**A**s a harbour-town with a rich seafood tradition, Gorey has long been highly prized for its exquisite food culture and produce, yet this small, unassuming coastal settlement has remained off-the-radar to most visitors. As one of Jersey's best kept secrets, Gorey has been a gastronomic go-to with local islanders but when guides starting

introducing small, private food tours to the fishing town, the culinary secrets of Jersey's little-known foodie epicentre were unearthed. Fringed by fields of crops, farms and dairy cattle, and flanked by the sea, Gorey's green fields and hills roll down to the coast, meeting the sea at a mix of rugged cliffs, secluded bays and big beaches. Savouring the food of a destination is part of

discovering its history, customs and cultures. In Jersey, traditional dishes are a rich broth of culinary influences, from the gastronomic kitchens of Northern France, creators of paper-thin crepes, salty buttermilk cheeses, and succulent scallop dishes, to the cooking heritage of South Coast of England with its sweet pastries, clotted cream, and fruit wines.





*“Our tours bring an understanding of the Jersey terrain, and the exquisite and unique delicacies it yields,”* adds Jersey Walk Adventure’s Trudie. *“We taste as we go.”*

Expect to find morsel-sized samples of smoked meat, crumbly cheeses, salty samphire and Jersey cream to try in the delicatessen, cafes, food stores and stalls in Gorey. Order plump lobster, melt-in-the-mouth spider crabs, doughy Jersey Wonders and sharp fruit sorbets dolloped with thick local fresh Jersey cream. Try freshly dug Jersey Royals dripping in rich, yellow butter and sample fruit wines pressed from dark, sweet island berries. See freshly hauled fish at the shore-side, their scales glistening with iridescent rainbows. Pick whelks and scallops and savour the salty crunch of wild kelp. Taste delicious Jersey distilled gin flavoured with local raspberries or sip on a glass of crisp Jersey cider. Savour the Island’s famous black butter, an old farm-house delicacy made from sugar, lemon, liquorice, spices and apples.

Other culinary temptations that punctuate a foodie walk around Gorey are nips of apple brandy and Royal potato vodka. Feeling decadent? Toast your experience with a bottle of Jersey’s finest ruby wine red from La Mare Wine Estate vineyard. Then prepare yourself for the finest fresh oysters sprinkled with Jersey oak smoked sea-salt and washed down with locally produced sparkling wine.

In Gorey’s oldest pubs, there’s a chance to share wine and swap tales for a unique insight into Jersey culture. On a stroll you’ll get to chat with local cooks, island chefs and restaurant owners. For a rugged foodie experience, you can explore the landscape for a guided taste of wild Jersey edibles. Fancy a tippie? Vineyard tours and a gin distillery experience includes tasting in resplendent scenery. Walks are joyous in Jersey, such are the heavenly views, but add in superb cuisine and it becomes a true sensory indulgence.

**“We run food and foraging tours that bring the Jersey food scene to life,” explains Trudie from Jersey Walk Adventures. “We explore age-old recipes and connect with the food-giving Jersey landscape**

**W**alking food tours in Gorey, and other of Jersey’s rich foodie heartlands, typically allow visitors to soak up the Island’s culinary hotspots by nibbling on specialities, sipping on traditional brews and sampling delicious local fayre. As you wander along sea-facing paths and curious backstreets, your guide - a passionate Jersey food enthusiast with tales to tell - truly whets the appetite with their tips for the best seafood, unmissable Jersey produce and tasty dairy treats. For this is no ordinary walk, it’s a stroll full of tantalising flavours, tastes, aromas and compelling gourmand narratives. Gorey’s food heritage dates back many centuries. Jersey Royals grown on the town’s steep castle-facing fields and generations of Gorey fishermen have hauled bass, mullet and conger eel ashore. The town’s beguiling food spots serve some of the Island’s best locally caught fish and seafood.

High-quality local produce and age-old foraging traditions form the bedrock of Gorey, a culinary heartland surrounded by crops, farms, dairy herds and the sea. Much of what is eaten on Jersey comes from close by, and one of the Island’s tidal treats are walks across the seabed itself to discover oyster and mussel beds with views out to France.

## Tasting Jersey

- Foodie strolls to taste Gorey’s edible delights can easily be enjoyed without a guide (see [jersey.com](http://jersey.com) for downloadable maps)
- Jersey food mixes British and French culinary influences with ingredients and recipes from communities of Portuguese and Polish
- Fascinating pub walks and tastings around Gorey’s historical inns are run by [walkingtours.jerseyheritage.org/gorey-pub-walk](http://walkingtours.jerseyheritage.org/gorey-pub-walk)
- Jersey is famous for its rich dairy produce, especially creamy milk, cheese, ice cream and clotted cream
- Traditionally cooked as the tide went out, Jersey Wonders are sweet doughnut-like cakes, but neither filled with jam nor coated in sugar
- A tidal treat is a stroll across the oyster and mussel beds in the Royal Bay of Grouville [jerseywalkadventures.co.uk](http://jerseywalkadventures.co.uk)
- Seasonal food tours to a dairy farm, orchard, vineyard and fishery tours plus trips to cafes famous for cream teas are run by [jerseyuncovered.com](http://jerseyuncovered.com)
- Jersey’s national dish is Bean Crock (les pais au fou) - a dish of beans and pork, similar to a French cassoulet
- Seaweed as fertiliser gives waxy Jersey Royal potatoes their delicious taste
- Jersey has superb seafood with bass, mullet, oysters, scallops, crabs, lobster, whelks, muscles and even conger eel caught off-shore
- Orchard apples and pears, woodland fungi, hand-reared Jersey beef, quails eggs, and coastal kelp, sea salt and samphire are all delicious local delicacies



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A photograph of a tortoise walking across a grassy field. The tortoise is in the foreground, moving towards the right. Its shell is a mix of brown and tan colors with distinct scutes. The background is a soft-focus natural environment with green foliage and trees.

JERSEY

# TORTOISE TAKEOVER

*This summer a Jersey-wide sculpture trail created by Jersey Zoo, in partnership with Wild in Art, will take locals and visitors on a thrilling journey of discovery whilst connecting them to art and nature.*

**I**n 2019, Jersey Zoo launched “Go Wild Gorillas” to commemorate 60 years of Jersey Zoo. This year, the trail celebrates the important work Durrell does with reptiles across the globe. From the highly endangered ploughshare tortoise in Madagascar to the amazing Aldabra giant tortoises they deploy on Round Island, off the north coast of Mauritius, to act as ‘ecological engineers’, Durrell has a long history of working with these ancient creatures. Giant tortoise sculptures will form an intriguing art trail across Jersey to celebrate the important roles chelonians play in their ecosystems, and the key cultural values they hold across multiple countries across the world. Chelonians include tortoises, turtles and terrapins, and are now the most threatened vertebrate group.





“

**Jersey Zoo’s use of 40 Silverback Gorilla sculptures helped highlight the plight of primates with islanders four years ago, six decades after the first gorilla arrived at the zoo. The Tortoise Trail will follow a similar style, with each blank sculpture painted in a vibrant and unique artwork designed by local, national and international artists, and then dotted around the island for people to find**

”



Sponsorship of the giant tortoises plays a vital role in enabling Durrell to host this mass participation art event. All fifty giant tortoise sculptures were staked in less than four months, with local businesses showing overwhelming support for the trail.

### Why Tortoises?

From Greek mythology to Roald Dahl’s *Esio Trot*, tortoises have plodded their way into our storytelling across the globe. In Aesop’s fable *“The Hare and the Tortoise”*, these charismatic reptiles were established as a metaphor of persistent diligence over the excessively confident hare.

In China, the sacred tortoise symbolises longevity, power, and tenacity, and in Ancient Greek mythology, the tortoise is the symbol for the *“messenger”* God, Hermes. In today’s busy world, they serve as a reminder to slow down and live in the moment.

Local families and visitors alike can enjoy seeking out the artist-imagined giant tortoises in a wide mix of Jersey’s terrain, from its striking wilderness areas and coastal lookouts to popular urban hangouts. Created from fibreglass, the 50 large sculptures arrived on the Island as blank canvases before being brought to life by artists. School groups and community groups are also taking part by decorating 65 young tortoise sculptures which will also form part of the trail.

Bringing together every part of the Jersey community, the Tortoise Takeover is a public art trail that will, in turn, help Durrell protect some of the most threatened species on the planet. The trail will start with the young tortoise sculptures going on display in shop windows from 16th June. Giant sculptures will take over the Island from the 1st of July.



Arriving on holiday this summer in Jersey? Then these key Tortoise Takeover dates are for you!

- **16 June – 31 August:**  
Young Tortoise trail is live
- **1 July - 31 August:**  
Tortoise Takeover trail is live
- **14 - 17 September:**  
Tortoise Takeover farewell weekend
- **21 September:**  
Tortoise Takeover auction

After engaging and capturing the imagination of every islander, and providing an exciting activity connecting people with nature, the Jersey Zoo sculpture trail will end on Farewell Weekend (14-17 September). Following this, every one of the giant sculptures will be auctioned to raise funds to build a new Tropical House at Jersey Zoo, as the current amphibian and reptile house, home to some of the most endangered species that Durrell works with, is in urgent need of updating.

The Tortoise Trail has steadfast royal support from HRH Princess Anne, who has chosen the design for her tortoise sculpture to celebrate 50 years of patronage to the wildlife charity. She made her selection from 10 designs at the palace and opted for *“Sanctuary”* by Gabriella Street, which is inspired by Her Royal Highness’ fashion choices past and present. Street, who created two designs for Go Wild Gorillas, says she feels very privileged to be a part of the Tortoise Trail. Once the exhibition finishes, ‘Sanctuary’ will be gifted to Princess Anne.

### Did You Know

- A group of tortoises is called a creep
- The term “tortoise” specifically refers to terrestrial turtles.
- Tortoises are usually herbivorous and can’t swim.
- They can smell with their throats
- Tortoises can hold their breath for a long time
- Their shells are sensitive to touch





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## JERSEY

# FIT FOR A KING

*The Channel Islands enjoy a special relationship with the British monarchy, as the place where King Charles II sought exile in 1649. Today, some 370+ years later, plans for Coronation celebrations are underway to mark King Charles III's ascension to the throne.*

**A**s the 62nd monarch of Britain over a period of approximately 1200 years, Charles III will officially be crowned at Westminster Abbey on Saturday, May 6th, 2023. To reflect the special relationship that Guernsey and Jersey have with the Crown, each part of the Channel Islands has added an extra public holiday to celebrate. It will be a weekend of pageantry and parties, as the Coronation coincides with the 78th anniversary of Liberation Day. It promises to be a jubilant, epic four-day weekend.

As a cluster of isles in mere spitting distance from mainland France, the Channel Islands has often played an outsized role in British history. After the execution of Charles I, at Whitehall in 1649, by Oliver Cromwell's parliamentarians during the English Civil War, it was Jersey that offered sanctuary on two occasions to King Charles II. Indeed, Charles II was proclaimed King of England on the Island in St Helier's Royal Square. Charles II's son, James, later granted the Island's governor, George De Carteret, a vast tract of land in North America which was named as the state of New Jersey in honour.





*Today visitors can enjoy fascinating collections of artefacts significant to the Channel Islands' historic link with King Charles in both Jersey and Guernsey archive collections. One of the most cherished symbols of allegiance is the silver gilt Bailiff's Royal Mace presented to Jersey in 1663 by King Charles II in gratitude for the hospitality he received during his two years in exile. Engraved in Latin, the mace is a symbol of Jersey's special relationship with the British monarchy.*



**V**isitors to Jersey can relive the turbulent times of King Charles II in exile, in a captivating tour at Jersey's Elizabeth Castle. This living history performance brings the eccentric, flamboyant and dramatic life of King Charles's II alive. Played by an actor who studied The English Civil War with Oxford University, he is dashing in a replica costume made using 17th Century patterns by BAFTA award winning costume designer, Jilly Thornley. The adventure happens on a rocky tidal Island in St Aubin's Bay, following the 1km walk along the causeway to the castle named after Elizabeth I, the Queen of England at its time of construction. The castle has defended Jersey for over four centuries surviving the English Civil War and World War I and II. It was home to Sir Walter Raleigh, the Governor of Jersey between 1600-1603 and was a place of refuge to King Charles II during his exile 1642-1651.

### Coronation Events

For some, the four-day Coronation weekend will be a time to soak up the coverage on TV, but others may want to join in some of the planned events commemorating this landmark occasion.

### The bells ring out

One big event across the Islands is the tolling of church bells, which will happen in conjunction with thousands of other bell-ringers all over the British Isles (and beyond) as part of 'Ring for the King', and new bell-ringers are actually being trained for the honour. The Coronation has six phases: The recognition, the oath, the

anointing, the investiture which includes the crowning, the enthronement and the homage. At the end of the rite, after the congregation sings God Save The King, King Charles III will travel in the Gold State Coach to Buckingham Palace with his orb and sceptre. This is when bells will be rung in joyous jubilation across the entire British Isles, the Realm and the Commonwealth. See: [ringfortheKing.org](http://ringfortheKing.org)

### The big lunch

The Channel Islands are also participating in The Coronation Big Lunch, which urges neighbours and communities across the British Isles, The Realm and The Commonwealth to share friendship, fun and food together on Sunday 7th May. An obvious choice as a venue for this in Jersey, is the Island's aptly named Coronation Park which opened in 1937 to celebrate the coronation of King George VI. Guernsey will host one of the longest street parties ever with seating, games, dancing and family fun along the length of La Route De L'Islet.

### Big Help Out

Islanders across the Channel Islands are also being urged to join in The Big Help Out on Monday 8th May - an event to encourage people to try volunteering in recognition of the importance of charity work to our monarch. King Charles III is actively involved in dozens of charities, including those he has established himself. These form the largest multi-cause charitable enterprises in the UK and collectively work in 38 countries, raising approximately £150 million each year.

### Coronation concert

Jersey's cultural hub St Helier is the venue for a special Coronation Concert by Jersey Chamber Orchestra and Jersey Festival Choir on Sunday 7th May. At 7:30pm St Helier Church will play host to Mozart's Coronation Mass, an event that features both royal masterworks and audience favourites led by Eamonn Dougan, chief conductor of the Jersey Chamber Orchestra. Opening with the fanfares of Zadok the Priest, a tune popularised by the Champions League but actually composed for King George II's coronation, this has been performed at every UK coronation, including that of Queen Elizabeth II in 1953. See: [musicjersey.com](http://musicjersey.com)

For the latest news on coronation events in Jersey, visit Jersey's main events listing: [events.jersey.com/events/](http://events.jersey.com/events/)

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# GUERNSEY HIGHLIGHTS



## 1. SAINTS BAY

This beautiful sandy cove, with crystal clear water, is a hidden gem encircled by cliffs. A fisherman's landing to the right of the bay provides a great photo opportunity.

## 2. HAUTEVILLE HOUSE

Literary lovers can step in to the magical home of world famous author, Victor Hugo who spent 15 years here in exile.

## 3. CASTLE CORNET

Still standing 800 years on at the mouth of St Peter Port harbour. A fascinating insight into Island history and bigger than it first appears, allow three hours for a visit.

## 4. ST PETER PORT

With cobbled streets backing up a steep hillside, spires and towers, a picturesque marina and historic gardens, this is one of Europe's most charming harbour towns.

## 5. ST PIERRE PARK SPA COMPLEX

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## 6. SARK ISLAND

Take the short ferry ride from St Peter Port to experience the tranquillity and beauty of Sark, a car free zone and home to only 600 inhabitants.



# GREAT GUERNSEY

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## OUTINGS

*Whether you are in Guernsey for a family holiday, a break or even a day trip, things to do and see are plentiful. Read on for a roundup of our best ideas.*

**G**uernsey offers the best of coast and country. An Island that measures just 65 sq km still manages to be packed with opportunities to enjoy whatever piques your particular interests. Sports enthusiasts have wealth of outdoor activities on their doorstep, such as coasteering, surfing and paddleboarding, while history lovers can explore military museums and relics left from the World War II occupation. If your thing is nature then enjoy countryside hikes or spot puffins and seals in the waters around Herm and Sark.





### VISIT HUGO'S HOUSE

**Good for Day Trippers: around 15 mins on foot or by bus from St Peter Port**

Victor Hugo finished his enduring novel, *Les Misérables* from Hauteville House, where he lived for 14 years, while in exile from France. You'll see evidence of his hugely creative mind through his obvious flair for interior design. The house is a mix of several styles, with plates on the walls, silk fabrics on the ceilings and engraved quotations on the door frames. Join a timed tour with one of the museum's well-informed guides if you've a thirst for the story of his life here.

[visitguernsey.com](http://visitguernsey.com)

### HANG OUT IN MARKET SQUARE

**Perfect for Day Trippers: just a 13 min walk along the north Esplanade**

Market Square was built in the 1770s in the rectory garden of the Town Church. The Market Buildings provide the perfect Victorian backdrop for whiling away a few hours at cafés and restaurants with internal and alfresco tables overlooking Market Square, where during the summer months different events are hosted from musical ensembles to photographic displays. There's also plenty of shopping to be had here and throughout the cobbled streets of St Peter Port town, with no added taxes to enjoy!

### VALLETTE BATHING POOLS

**Good for Day Trippers who like a cold water swim: around 20 mins on foot or 15 mins by bus from St Peter Port**

There might not be a beach in St Peter Port but you can still enjoy a bracing sea dip at Vallette Bathing Pools, which were built during the Victorian period to answer a craze for cold-water swimming. If cold water swimming is your thing, then you'll probably even give it a go on a day trip! Jump in with the locals in one of four pools: the horseshoe, the women's pool, the men's pool and the children's pool. The water is refreshed by the tide twice a day.

[visitguernsey.com](http://visitguernsey.com)

Pictures top to bottom: Oyster harvesting in Herm, Centre: Candie Gardens, Trying out Coasteering.



### VISIT SAUSMAREZ MANOR

Just outside St Peter Port, Sausmarez Manor is one of the finest examples of Queen Anne colonial architecture and is rumoured to be the work of Sir Christopher Wren. It is actually still a private home, but you can peek inside by joining a guided tour or visit the gardens, dotted with sculptures. There's even a mini train for the little ones. If you can, visit on a Saturday morning when the grounds at the front of the manor host a local farmers' market.

[sausmarezmanor.co.uk](http://sausmarezmanor.co.uk)

### ISLAND HOPPING

Here for more than a few days? Then hop on a ferry from St Peter Port and head to one of the three smaller neighbouring islands in the archipelago. Each with its own special charm and identity. On Sark, you'll step back in time with there being no cars, just stunning clifftops walks, and as the world's first Dark Sky Island, it's a stargazers paradise. A 20 minute boat ride will take you to the tranquil island of Herm with long stretches of white sand and cliff paths with views to the French coast. Or choose the island of Alderney, home to historical sites, golden beaches and rich wildlife.

[visitguernsey.com/experiences/island-hopping/](http://visitguernsey.com/experiences/island-hopping/)

Pictures left to right: Glimpse through the artist's eyes on the Renoir Walk, Take a ferry from St Peter Port to Sark, Alderney or Herm.



### EXPLORE CANDIE GARDENS

High above St Peter Port, Candie Gardens is home to the oldest known heated glasshouses in the British Isles and dates back to the late 1700s. Bring a picnic to the Victorian public flower garden or the Victor Hugo garden, found behind the famous statue of the French literary giant where quotes from the writer's work are interspersed among some of his favourite plants and flowers. Venture to the top of the gardens to explore the Guernsey museum and one of the Island's best art galleries.

[visitguernsey.com/experiences/activities/candie-gardens](http://visitguernsey.com/experiences/activities/candie-gardens)

### TRY GUERNSEY OYSTERS

Hatched and farmed in the Bailiwick waters (around Guernsey or Herm), is assurance that no oyster tantalising your tastebuds while on Guernsey will have travelled more than ten miles. Take a RIB to see the farms on Fisherman's Beach in Herm to discover how oysters are grown and harvested here — and learn how to shuck one perfectly. Tours end with plenty of tasters, all washed down with a glass of champagne.

[guernseyoysters.com](http://guernseyoysters.com)

### WALK IN RENOIR'S FOOTSTEPS

When impressionist artist Pierre-Auguste Renoir came to Guernsey for a quick holiday in 1883, he ended up staying for a month and painting 15 views of Moulin Huet Bay, one of which hangs in London's National Gallery. *"What a pretty little place!"* he exclaimed in a letter home. *"What pretty paths! Superb rocks, beaches such as Robinson must have had on his island."* Explore those same pretty paths yourself on a self-guided Renoir Walk and look out for empty frames capturing the view that Renoir painted.

[artforguernsey.com/renoir/](http://artforguernsey.com/renoir/)

### TRY OUT COASTEERING

If you like a high octane activity, then get coasteering. It's kind of like a coastal version of parkour and the best way to explore the more inaccessible nooks and crannies of the coastline by scrambling over rocks, swimming in gullies and caves and jumping into rock pools. Wetsuits, hard hats and buoyancy aids are provided and you can spend an exhilarating couple of hours where your busy mind is lost to total concentration on navigating your surroundings. Tours are provided by Outdoor Guernsey, which also offers kayak tours, archery and climbing.

[outdoorguernsey.gg](http://outdoorguernsey.gg)





### EXPLORE WWII RELICS

**Good for Day Trippers: La Vallette Underground Museum is around 20 mins on foot or 13 mins by bus from St Peter Port**

From concrete watchtowers, forts and bunkers to tunnels and underground hospitals, the German occupying forces heavily fortified Guernsey against possible invasion. Its military buildings remain some of the best-preserved sites of Hitler's Atlantic Wall. At the German Occupation Museum, you'll find crystal radio sets used by the locals to get news from England. Then there's La Vallette Underground Military Museum and the German Underground Hospital, housed in the tunnels built by forced labour from Europe. Try the Occupation Memories and Smugglers Tales hiking route, an easy three-mile walk taking in the occupation museum and other sites.

### BOARD A RIB TO SPOT SEALS

Book a RIB adventure to explore the coast of neighbouring Herm or Sark. It's a must do trip for nature enthusiasts, with the possibility of seeing seals, puffins, dolphins and guillemots. Your guide will fill you in on Herm's rich history and answer any questions. The puffins are in residence until the end of July, so following that the seals become the focus of the experience along the Herm coast.

[islandribvoyages.com](http://islandribvoyages.com)

### VISIT CASTLE CORNET

**Good for Day Trippers: around 20 mins from St Peter Port on foot, or 13 mins by bus with a 9 min walk along the causeway**

This ancient castle, connected to the mainland by a concrete causeway forming part of the harbour breakwater, has maintained guard over St Peter Port for over 800 years. You can join a guided tour of the castle's five museums and four historic gardens — and try not to jump as the scarlet-clad gunners fire the midday gun. Don't forget your camera — it really is the best place to snap the striking capital.

[visitguernsey.com](http://visitguernsey.com)

### WOW! WHAT A VIEW FROM VICTORIA TOWER

This striking monument was built to commemorate Queen Victoria and Prince Albert's visit to Guernsey in 1846 - the first from a reigning monarch. It is constructed largely from red granite mined from the quarry near Cobo Bay. Climb the 99 steps to the viewing platform to be mesmerised by the views over the north, east and west coasts of the Island. Collect the key to the tower from the Guernsey Museum in Candie Gardens and you'll get 30 minutes private viewing. Perhaps the perfect place to propose?

[visitguernsey.com](http://visitguernsey.com)



### SURF'S UP AT VAZON BAY

Small and friendly is Guernsey's surf scene, and most of the local surfers can be found chasing the swell at Vazon, a large sandy bay on the west of the Island dotted with surf spots and rental shops. Never tried but fancy giving it a go? Now's your chance! Book a lesson at Guernsey Surf School, where all the teachers are qualified beach lifeguards, as well as keen local surfers. There's also a mini surf camp for kids aged 8 - 15 years.

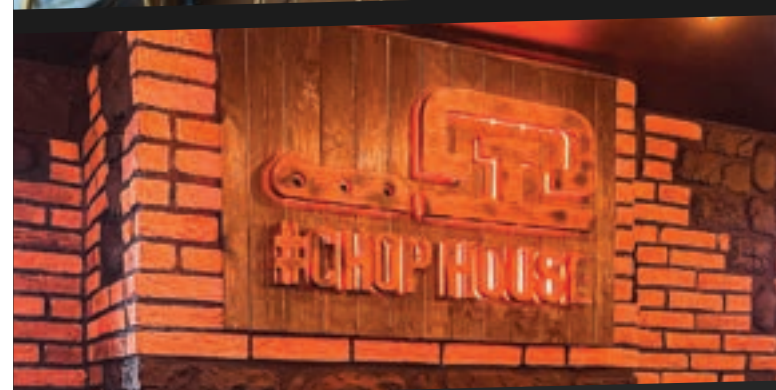
[guernseysurfschool.co.uk](http://guernseysurfschool.co.uk)

Pictures left to right: La Vallette Underground Military Museum, Centre: Surfers on Vazon Beach, Bottom: WWII Radio Tower in the distance.

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**The Boathouse** is a heavenly sun trap, perched on the edge of the harbour.

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**Chop House** is perfect for any occasion.

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**Crabby Jacks** is a fun, family friendly restaurant.

It has a great indoor area and a fantastic outdoor children's play area, overlooking beautiful Vazon Bay.

CHRISTIES

The Boathouse





# GUERNSEY Gourmet



## JB Parker's

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+44 (0)1481 724 452  
jbparkers.com



## Fat Rascal

LEFEBVRE STREET,  
ST PETER PORT

A favourite restaurant of Guernsey locals since it opened six years ago. Set in a converted cellar, just off St. Peter Port high street, it's a cosy and intimate dining experience. With a regularly changing menu, it is also popular for its vegan options and its special USP - their exclusively brewed Rascal Pale Ale!

+44 (0)1481 728 515  
bookings@fatrascal.gg

“  
Famous for its cuisine the  
Island's restaurant offering  
is plentiful with St Peter Port  
a major culinary hub  
”



## Good Rebel

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Fat Rascal's feistier sibling serves up a treat whether its naughty - or nice and healthy. Popular for breakfast, brunch and lunch, Good Rebel is worth the head of out-of-town for excellent food served with a smile and its cool industrial décor style full of light and greenery. There's outside seating available too.

+44 (0)1481 811 591  
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Set in the heart of Guernsey, The Lobster & Grill is a spacious modern restaurant with a great friendly atmosphere. Known for their use of fresh local produce.

+44 (0)1481 259 974  
www.thelobsterandgrill.co.uk

## Slaughterhouse Bar and Eatery

CASTLE PIER,  
ST PETER PORT, GYI IAN

On the edge of the harbour, the Slaughterhouse has been reborn as a stunning bar and eatery, where great food and drink come together in a spectacular historical building.

The menu features lots of crowd pleasers, from light bites and lobster to burgers and steaks. It's certainly well worth a visit. This landmark building, beautifully positioned on the edge of St Peter Port harbour, scooped the 2017 Guernsey Design Awards for its innovative redesign and change of use. Experience the many different areas of the restaurant, such as the sun-drenched, sheltered courtyard, which is a great place to unwind with a drink from the bar. For stunning views southwards over Havelet Bay, a raised private terrace also serves food and drink. Inside, the bar boasts one of the largest ranges of wines, beers and spirits in Guernsey, and on the mezzanine level, each window offers a picture postcard view of St Peter Port and is the perfect place to enjoy lunch or dinner.

+44 (0)1481 712 123 | info@slaughterhouse.gg  
www.slaughterhouse.gg



## La Reunion

COBO COAST RD, CASTEL

From their blessed beach-side location, La Reunion creates delicious food in relaxed surroundings with breath-taking views. Only the best ingredients are used to create honest flavoursome food to satisfy your palate, all made with fresh locally sourced and seasonal produce. A two-course lunch starts from just £21 per head. Not eating? Then you're welcome to enjoy a refreshing cocktail or drink on the terrace overlooking the sea, or inside at the stylish bar. As well as the classic dishes, La Reunion are always introducing innovative new creations to their menus, all destined to become the next favourite.

(Closed Monday and Tuesday)

+44 (0)1481 255 600 | www.lareunion.gg





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With magnificent sea views, both properties are family and pet friendly, offer extensive wine lists and cocktail menus as well as dishes created using a wide variety of local produce.

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01481 726221



# TWO WHEELING

GUERNSEY



*Cycling isn't just for Lycra-clad enthusiasts, with Guernsey offering dozens of accessible cycle tracks aimed at the casual rider, from meadow lanes and valley trails to sea-hugging bike paths, says Sarah Woods.*





**E**xploring Guernsey on two wheels is a seductive proposition that allows for interaction with the island's iconic landscapes from a new perspective. Few things are more invigorating than the sensation of the seasons on your skin as you and your bike explore Guernsey's immersive scenery with a glorious sea-breeze in your hair. Sightseeing the island from the cycle saddle requires minimal pre-planning as there are a range of cycle hire shops that offer bikes to suit everyone's needs. Rent mountain bikes for adults and children, together with options for tag-a-longs, seats and trailers for babies and toddlers. Guernsey's cycle-friendly network of Quiet Lanes known as the Ruettes Tranquilles give priority to bikes, walkers and horses. Fancy cycling without the effort? Then opt for an electric-bike to enjoy the island's thigh-pumping hill climbs without breaking out into a sweat!

## Clos du Valle

Easy 🚲 | 1 hour | 14km

This ride at the top of the Island boasts fine coastal views and leads down twisty narrow lanes to a part of Guernsey that was once a separate isle. Known as the Clos du Valle, it has an intriguing history with the reclamation of the water channel between the two islands, a defence against possible French invasion. As you pat your pedals and glide along the lanes you'll venture past fortifications, forts and loopholed towers with Pembroke, Le Marchant and Doyle worthy of a visit for commanding views alone. Pass Neolithic funerary chambers at La Varde Dolmen and Le Dehus Passage and pretty stone-built roadside miners' cottages on a ride with ever-changing views out over the sea with Alderney and Les Casquets lighthouse in the distance.

## Coast and Country

Easy 🚲 | 1.5 hours | 11.5km

Covering a mix of quiet country lanes and busier coastal thoroughfares, this gentle ride over even terrain provides opportunities to deviate to absorb the scenic contrasts of rugged rocky headlands and golden sandy bays. See the historical fortifications at Rousse with its fine loopholed tower dating back to 1779 and anti-German coastal defence Grandes Rocques. On the inland stretch, the route weaves through pleasant rolling pastureland and past charming traditional old Guernsey farmhouses and showcases Guernsey's dramatic views across the Island's striking northern stretch.

## Cliffs and Rural Splendour

Moderate 🚲🚲 | 1 hour | 11km

Flat flower-filled meadows characterise the first couple of miles of this route, as it ventures into the Island's highest part, skirting the edge of the airfield. Then, by way of pretty country lanes, it heads for the southern coast cliffs of Le Bigard with its quaint old cottages, tall green hedgerows and bounty of summertime wild flowers. Twisting skinny lanes lead on to beautiful Le Gouffre, where you can park the bike and stroll around the headland soaking up jaw-dropping views of the cliffs. The ride snakes onward to the charming village of Le Variouf where a steep descent is followed by hairpin bends, and another thrilling downhill run at Petit Bôt Valley. At the bay, discover a delightful sandy beach tucked between towering cliffs once favoured by smugglers.

## Talbot Valley Loop

Moderate 🚲🚲 | 1.5 hours | 17km

Circling around the beautiful Talbot Valley and Fauxquets Valley this picturesque ride takes you up into the hills and passes through verdant countryside. After quiet country lanes, the route crosses Kings Mills Road to a brisk climb high above Fauxquets Valley where gasp-inducing vistas are your rewards!

Marvel at the patchwork of farms, woodlands and a glorious West Coast panorama before steadying yourself for a steep freewheeling descent. Next embark on an out-of-the-saddle slog up to the Talbot Valley where birdsong is the only distraction. Then it's on to the tree-lined valley where the German Underground Hospital is a tunnel in the rocks before a gentle downhill run takes you to St Matthew's Church where the graveyard contains the memorial of John le Tocq, Guernsey's 19th-century "high-wheeler" cyclist — a fitting finale and a suitable spot to raise your water bottle in a toast.

## Jerbourg Peninsula

Hard 🚲🚲🚲 | 2 hours | 20km

This route starts at the tip of Jerbourg Peninsula and has truly spectacular sea views across all the Channel Islands and France on a clear day. You pass Doyle Column, which occupying German forces destroyed in 1944, but was re-erected in 1953. Delve into the country lanes of St Martin's to see the ruins of Sausmarez Mill before entering the stream-riddled Moulin Huet Valley. Next it's a run down to Saints Harbour then along the steep eastern edge of Petit Bôt Valley - the beauty of this stretch is incredible. Elevated pasture stretches to the narrow leafy lanes of St Martin's Parish Church and its neolithic Statue-menhir, which even today commands considerable local superstitious respect.

## Around The Reservoir

Hard 🚲🚲🚲 | 1 hour | 11.5km

Climbing away steeply from Vazon Bay, this route is blessed by contrasting views across the panoramic vista of the West Coast beaches and the tree-lined St Saviour's reservoir. Running downhill from St Saviour's church, the route twists and turns until it reaches the dam wall. You'll pass through stunning inland scenic beauty before reaching L'Eree, and the Fort Saumarez headland. Beneath, spot the mysterious isle of Lihou which can be visited, dependent on tide times. The passage grave known as Le Creux es Faies, is nearby, which local folklore believes to be Fairyland.



## Cycling Guernsey

- Cycling is easy on Guernsey's cycle-friendly lanes the Ruettes Tranquilles
- Guernsey's 'Green Lanes' give priority to bikes, walkers and horses island-wide
- Hire a bicycle from Adventure, GO Guernsey Bike Hire and Outdoor Guernsey
- Or rent an e-bike if you enjoy cycling without the sweat!
- See: [www.gov.gg/cycling](http://www.gov.gg/cycling) for cycle maps and tips





GUERNSEY

# BORN TO RUN

*Teenage 800m track athlete Kate Bain is a rising star in Guernsey's sports scene but once hated running so much she vowed never to do it again! 10 years on and she is hotly tipped for a podium spot when the Island Games arrives in Guernsey this summer.*

**J**ubilant cheers filled the air in Guernsey on learning it had been chosen to host the 2023 Island Games. Held once every two years, The Games welcomes athletes from 24 member islands, from Scandinavia to the Mediterranean and the North Atlantic to the Caribbean. Spectators are warmly welcomed at all events, giving host islanders an exciting—and all too rare—opportunity to watch live international sport on their home turf and see proof that small communities can achieve great things.





**T**he 2023 Island Games will see Guernsey make the history books as the first member Island to host the Games three times. There is a definite frisson of excitement island-wide as the Bailiwick readies itself ahead of July's colourful Opening Ceremony. Organised by the International Island Games Association (IIGA), competitor teams each represent different island communities (with one team from the peninsula of Gibraltar). First held in 1985, as a one-off event, the competition has been so successful that it has permanent fixture. In the Channel Islands it's an event that garners considerable local pride, with entries eligible only from athletes born on a member Island or living on the island for 12 months prior.

## Local runner Kate Bain is one such athlete....

Every big sporting event has a local hero from Australian Cathy Freeman's emotional victory in the 400m at the Sydney 2000 Olympic Games to a defining moment at the European Athletic Championships when Dutch hurdler Femke Bol brought capacity crowds in Munich to their feet. At the Island Games, teenager Kate Bain may not achieve what Freeman and Bol have done - but she has high hopes as a 800-metre specialist with a medal in her sights.

Though she isn't 18 until August, Kate Bain has already clocked up a decade of track running and makes no secret of her goal to compete in the Commonwealth Games in 2026. Officially known as the XXIII Commonwealth Games, 'Victoria 26' will take place across four regional sites in the state of Victoria.

*"The Birmingham Commonwealth Games was just an amazing experience," she confirms. "Hopefully I can experience that for myself, see if I can get to a point where I am representing the nation, that would be amazing - it would be a dream."*



As a Guernsey girl, Kate admits that she is excited by the prospect of competing in her first Island Games on home soil, where she can rely on family and friends for moral support -including her elder brother Chris, who is Guernsey's number 1 half-miler. At the tender age of 16 she was nominated for Pride of Guernsey's Young Achiever of the Year Award after her time of 2 min.14.70 sec became the third-fastest ever by a Guernsey female.

In 2022 Kate ran a rare 600m in front of a home-crowd in Guernsey's sun-soaked sports stadium in Footes Lane in Saint Peter Port. The Island's main sports venue has a capacity of 5,000 and as part of Guernsey Athletics' ActiveGsy Track & Field Series, she claimed the women's and U20 marks by running 1:34.73 - a huge boost. Guernsey Athletics coach Tom Druce has been working with Kate to help fine-tune the natural power, strength and agility of this impressive rising star.

*"We're already looking at the island games as being a very strong medal shot," Tom admits. "Not to put the pressure on too much" "Beyond that, the Commonwealth Games is something which is really in the focus at the moment... hopefully this is going to act as a real driver."*

Given her astounding success, you'd assume Kate has always had a passion for running - not so! She hated her first run on the track aged 7 and swore that she would never ever do cross-country again!

Pictures top to bottom, left to right: Guernsey athletes at the Commonwealth Games Birmingham opening ceremony, Flying the flag for Guernsey at the 2003 Island Games, Island Games hosted by Guernsey 2003, Team Guernsey at the last Island Games in Gibraltar 2019, Kate Bain at Footes Lane.



*"It was awful," she admits. "But 10 years later, here I am, so something must have stuck."*

Despite that disastrous start, Kate's competitive nature made her determined to better her performance each time she ran.

*"Each time I went, I got more and more invested in it, until it just became part of my life". Kate adds: "Now I'm really looking forward to The Games - I've seen some photos from the 2003 event in Guernsey and the crowds were incredible, so I can't imagine what it's like to have a home crowd behind you on the final straight."*

Certainly, Guernsey offers some truly unique viewing points of the cycling and triathlon events and promises to be full of amazing atmosphere. This year, there has been a rush to join the volunteer team with over 400 people now fully trained as marshals, who will be on the streets each day to ensure a safe and smooth event. After Guernsey (8 - 14 July), the island of Orkney is down to host the 2025 Island Games. Kate Bain will be still be a youngster (at under 21) and will be counting down to the Commonwealth Games down-under.

## Competitor nations

Åland, Alderney, Bermuda, Cayman Islands, Falkland Islands, Faroe Islands, Frøya, Gibraltar, Gotland, Gozo, Greenland, Guernsey, Hitra, Isle of Man, Isle of Wight, Jersey, Menorca, Orkney, Saaremaa, Sark, Shetland, St Helena, Western Isles, Ynys Môn.

## What sports can I see?

Archery, Athletics, Badminton, Basketball, Cycling, Football, Golf, Indoor Bowls, Sailing, Shooting, Swimming, Table Tennis, Tennis, Triathlon.

## Did you know?

- Sark is statistically the most successful island, as its population of 600 have won 20+ medals - that's one for every 30 people!
- Jersey hosted the Island Games in 1997 and 2015
- In 2017, the Alderney national football team won their first match in 14 years at the Island Games, beating the Falkland Islands 0-3 in a 15th place play off



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[sark.co.uk](http://sark.co.uk)



### Renoir in Guernsey, 1883

[www.artforguernsey.com](http://www.artforguernsey.com)

14 July - 10 September 2023: Giverny, France  
30 September - 15 December: Guernsey

Art for Guernsey is curating an exhibition celebrating the inspiration that Pierre-Auguste Renoir found in Guernsey, staged in partnership with the Guernsey Museums and the Musée des Impressionismes Giverny, including a host of major international loans and a number of exciting satellite events.

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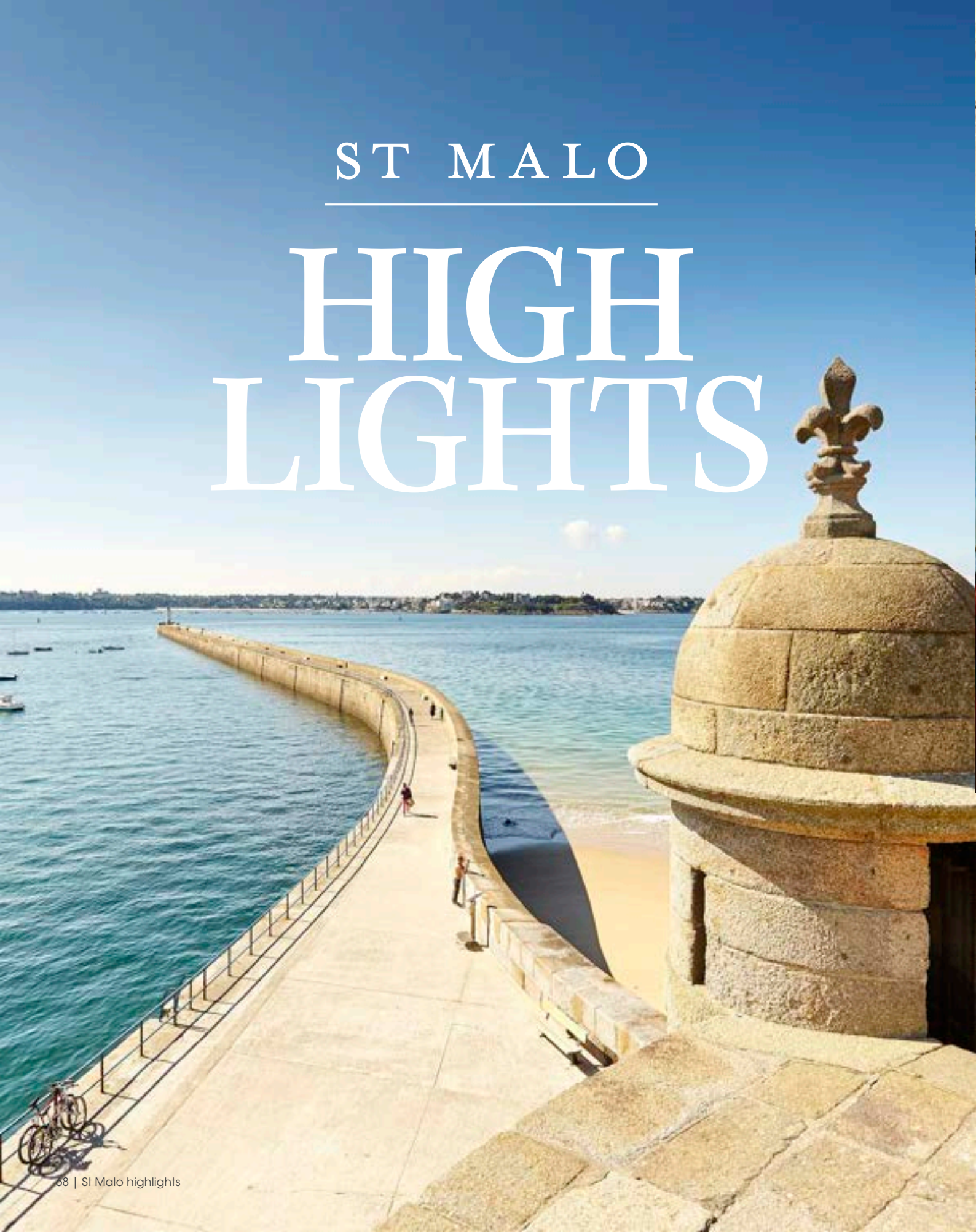
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# ST MALO

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# HIGHLIGHTS



## 1. RAMPARTS

Known as the walled city, St Malo is surrounded by ramparts that allow visitors to walk around the entire old city and enjoy the spectacular views of the marina, seafront and much more!

## 2. LA CITÉ D'ALETH

While used as a German base during WWII, this mid-18th century fort now serves as a memorial for the moving history of St Malo and its liberation during WWII.

## 3. GRAND AQUARIUM

For a family favourite, St Malo's Grand Aquarium hosts a huge variety of underwater life with over 600 species of fish, giant turtles and even a shark tank!

## 4. THE CARVED ROCKS OF ROTHENEUF

Don't miss the breathtaking sculptures of monsters and dragons, carved into the granite cliff rocks at the sea edge, by a hermit, Father Adolphe Fouré, in the 1870s.

## 5. MUSÉE JACQUES CARTIER

This 16th-century manor house was the home of controversial explorer Jacques Cartier (1491–1557), and now is a museum to illustrate the explorer's life.

## 6. ÎLE DU GRAND BÉ

At low tide, cross the beach to walk out via Porte des Bés to Île du Grand Bé, the rocky islet where the great St-Malo-born, 18th-century writer Chateaubriand is buried.



# ST MALO'S HIDDEN HISTORY

*Architecturally rich and aesthetically stunning, St Malo's meticulous stone-by-stone reconstruction after the devastation of D-Day received a final finishing touch when the cathedral spire was added 50 years ago, earning it an important place in world history.*





**Indeed, rather than detract from St Malo's character, the incredible reconstruction makes it a unique, fascinating and architecturally important city - both aesthetically and historically. The results are spellbinding.**

**W**ith its unique façades and towers that rise up from the port city's fortifications, the beauty and charm of 12th century St Malo, boasts a captivating silhouette. However despite stunning medieval architecture, St Malo was almost completely destroyed by shelling and naval gunfire in 1944, with 80 percent of the city lost. In the aftermath of post-war destruction, the first idea was to raze the town to the ground in order to build a new modern city like Le Havre and Brest. However despite the challenges, city authorities eventually opted for a sympathetic reconstruction involving the mammoth task of painstakingly sorting through 500,000 cubic metres of rubble. For this, the citizens and civic leaders of St. Malo deserve heartfelt recognition for making a human decision, not one purely of economics.

Handsome St Malo today with its narrow streets and courtyards, owes much

to the astonishing reconstruction that has meticulously restored the city to its former glory. The work took 12-years, spanning from 1948 to 1960, and involved the city being rebuilt brick-by-brick and spire-by-spire. Skilled craftsmen using age-worn skills carefully recreated St Malo's architecture using reclaimed materials and original features salvaged from the debris. This ensured the preservation of the city's authentic medieval character that included the rebuilding of almost 700 of St Malo's 865 dwellings. With the main body of work completed by 1960, the walled city once again reclaimed its place as one of the most beautiful in France's Brittany region. Backdropped by the striking Bretagne coast, visitors could once again stroll along the parapet to soak up truly breath-taking views.

Yet, it took a further 12 years to put the final finishing touches to St Malo - the erection of the spire atop Saint-Vincent cathedral. It signified the end of a beautifully executed

quarter-century of reconstruction on the 15-metre high rocky outcrop where flags topped sturdy stone ramparts. Today, 50 years after the spire was carefully lowered in position, the city is as close to the original as it is possible to be, with just a few necessary modifications. St Malo's rugged castle was replicated and transformed into a grand City Hall while hospital and prison buildings were relocated outside the city walls. Stylish mansions were rebuilt with identical granite facades and, a half-century later, there still remains no obvious signs of modern construction. Rummaging through the rubble retrieved untold monuments and stones that were carefully dismantled for use in the rebuild. The attention to detail has been astonishing in the recreation of this character-packed settlement from the winding cobblestone streets and fortress to the coastal town layout. Even historians exploring on foot have difficulty believing that St Malo isn't the original city.

Jutting out from the coastline, St Malo was founded in the 1st century BC, a short distance south of its current location. The first settlement, in what is now St-Servan, was built by Celtic tribesmen at the entrance to the Rance River. After the fall of the Roman Empire, a new settlement was created by monks fleeing the British Isles. After 1144, the town became home to the French Corsairs, the King of France's pirates who grew their wealth by pillaging ships in the English Channel. Prosperity brought wealth and growth and the settlement expanded with the walled coastline playing a key role for centuries to come in defining Saint-Malo's place in the world.

### Good to know

- An ancient French settlement with origins back to 1st century BC, St Malo is a port city located on the Brittany coast
- It was shelled and bombed into ruins by the Allies during the battles that followed D-Day
- Over 80 per cent of the buildings were totally destroyed
- Recreating St Malo involved salvaging the authentic stones, facades, features and monuments of the city amongst 500,000 cubic metres of rubble
- St Malo's restoration took 12 years although finishing touches weren't added until 12 years after that
- Today the beautifully reconstructed ancient walled city is the most visited place in Brittany
- The port of St Malo is famous for seafaring adventurers, extortion and pillaging pirate tales
- Cobbled streets are rich in character inside the walls of the atmospheric old city La Ville Intra-Muros
- Don't miss the Quic-en-Groigne tower, the Pélicot house built like a ship's stern, the shipowners' houses and Hôtel d'Asfeld
- The locals of St Malo are known colloquially as 'Malouins'
- Take time to pause between Saint-Louis and Saint-Philippe bastions to absorb views onto the estuary and Dinard



NORMANDY

# MONT SAINT MICHEL

*The Bay of Mont-Saint-Michel offers a wealth of outdoor and cultural attractions. Gillian Thornton explored coast and countryside.*





## “ Now everybody stand close together, then run on the spot!”

It was, without a doubt, the strangest instruction I've ever been given on a guided walk.

Look out across the broad shallow bay of Mont-Saint-Michel and at low tide, the landscape looks a benign mix of shallow pools and golden sand. But once the tide turns, the water rushes in and can cut walkers off in moments. Just one reason why no-one should set out on foot without an expert guide.

But there's another hazard in this glorious coastal landscape. As we pounded our legs up and down, the saturated sandbar beneath our feet turned to a shiny trampoline of deadly quicksand. Stand still and you'd be stuck fast, but follow our guide's demonstration and you should live to tell the story over dinner. The secret? Instead of trying to pull straight out, you just spiral one leg upwards onto firmer ground and then the other.



This was my second bay walk with Chemins de la Baie, whose expert guides run low-tide walks around the year - an unforgettable way to discover both the human and natural history of the bay. The first time, I'd enjoy blue skies and sunshine above the iconic silhouette of Mont-Saint-Michel; this time, it was grey and raining. But as I soon discovered, there's a unique atmosphere whatever the weather.

This island community topped by an abbey church is classified as a UNESCO World Heritage site, one of France's most popular visitor attractions with its narrow winding street, cavernous church, and panoramic high level views. Officially the Mount stands in Norman waters, but the triangular bay around it is shared between Brittany and Normandy, and there are numerous ways to enjoy it.

### Love your seafood?

Head to Cancale in Brittany at the western limit of the bay to try the area's famous oysters and explore coastal and inland footpaths. Some maritime history? Then make for Granville in Normandy at the northern apex.

Granville's Upper Town stands on a strategic rocky promontory originally fortified by the English. Take in the views, explore the winding streets and then head downhill to the gleaming marina. Here I set sail for a half-day cruise on board La Granvillaise, a traditional sailing boat or bisquine once used for fishing the bay. On a blue-sky afternoon with a gentle breeze, there seemed no better way to enjoy distant views of the UNESCO-listed island.



Picture: Villa Les Rhumbs, Christian Dior's childhood home

You also catch a glimpse of Villa Les Rhumbs, childhood home of couture legend Christian Dior whose pink-washed cliff-top house is now a museum hosting an annual exhibition. This year's theme - 'Le Génie d'un Créateur' - celebrates the creativity of Dior who was largely influenced by his Granville childhood (29 April to 5 November).

Following the coast south, I enjoyed a circular walk along the granite cliffs above Carolles for an unusual perspective on Mont-Saint-Michel and the uninhabited island of Tomberlaine. A third island also once rose from the waters of the bay but for the last 4,000 years Mont-Dol has been surrounded by Breton countryside, the sea having receded across the centuries.

Visit the Maison de la Baie in Vains near Avranches (April to September) for an interactive look at the local landscape, wildlife, and tides, including the mascaret or tidal bore. And, if you have a sweet tooth, drop in at nearby Cara-meuh! - a fourth-generation family farm that has diversified into all things caramel from sweets, sauces and biscuits, to home-produced cheese, honey and meat.

Final stop on my tour was Avranches, tucked into the far eastern corner of the bay where the river Sée meets the sea. This charming town is home to the Scriptorial, a fascinating insight into the illuminated manuscripts made by medieval monks at the abbey of Saint-Michel. Ask for the children's booklet if you have family in tow.

And don't miss the green space of Place Becket. King Henry II of England knelt here in 1172 before papal delegates from Rome in return for absolution for his part in the murder of Thomas Becket, Archbishop of Canterbury. The cathedral is long gone - destroyed during the French Revolution - but time stands still as you look towards the hazy outline of Mont-Saint-Michel, an inspirational view across the centuries, whatever your beliefs.

### Useful websites:

- [www.bienvenueaumontsaintmichel.com/en](http://www.bienvenueaumontsaintmichel.com/en)
- [www.ot-montsaintmichel.com](http://www.ot-montsaintmichel.com)
- [www.normandie-tourisme.fr](http://www.normandie-tourisme.fr)
- [www.cheminsdelabaie.com](http://www.cheminsdelabaie.com)
- [www.lagranvillaise.org](http://www.lagranvillaise.org)
- [www.musee-dior-granville.com](http://www.musee-dior-granville.com)





# CHERBOURG HIGHLIGHTS



**1.**  
**LE MONT ST MICHEL,  
LA MANCHE**

A remarkable example of mediaeval religious and military architecture which was one of Christianity's most important pilgrimage sites from the 8th to the 18th century. Also famous for its 'sons et lumi res' shows.

**2.**  
**CIT  DE LA MER,  
CHERBOURG**

A family attraction on man's adventures under the sea. Themed on the famous Titanic, it is an exhibition like nowhere else in France. You can see the largest submarine open to the public in the world, along with a huge aquarium featuring 17 tanks.

**3.**  
**MAISON DU BISCUIT,  
SORTOSVILLE EN  
BEAUMONT**

Founded in 1903, five generations of the same family have been in the pastry and biscuit business, still using techniques developed a century ago. There is a fabulous range of artisan biscuits, from sweet and savoury cookies to meringues and shortbreads.

**4.**  
**MUS E CHRISTIAN  
DIOR, GRANVILLE**

The villa "Les Rhumbs", Christian Dior's childhood home, is perched on a cliff ridge overlooking the sea. The garden, built by Madeleine Dior, the couturier's mother, is today one of the few "artists' gardens" of the early 20th century still preserved.

**5.**  
**AIRBORNE MUSEUM,  
SAINTE-MERE-EGLISE**

Situated in the square of this small town, a few miles from the D-Day landing beaches, facing the church where parachutist John Steele famously was caught, relates the heroic adventure of paratroopers of the 82nd and 101st Airborne Division.

**6.**  
**JARDIN BOTANIQUE  
DE LA ROCHE-  
FAUCONNI RE**

This botanical garden grows over 3,000 species of rare and unique plants from the Southern Hemisphere. It once belonged to a great 20th century botanist, Dr Charles Favier.



CHERBOURG

# CITÉ DE LA MER

*The amazing Cité de la Mer is several things in one – a gallery, a museum, a major exhibition and an aquarium – and most recently was voted Le Monument préféré des Français, beating 13 other fabulous monuments across France to the title.*



**I**t stands adjacent to the busy ferry port in Cherbourg, where the impressive art-deco building once housed train travellers to Paris and transatlantic cruise passengers for more than a century. It was designed so travellers could walk from their train directly to their ocean liner. These days it is still used by cruise ships such as the Queen Mary 2, but most of the complex houses aquariums featuring Europe's deepest fish tank. The complex is situated 1km northeast of the tourist office.

Cité de la Mer is the second most visited, paid site in the English Channel (the other being Mont St Michel, also in Normandy) and focusses on man's adventures under the sea. The Titanic sailed from Cherbourg to Ireland and then on her fateful journey across the North Atlantic so the museum is a fitting tribute to this amazing vessel.

## Titanic

Down a wide sweeping staircase is an enormous video screen where one can sit and look over the bow of the iconic ship and it is possible to find every conceivable detail, on the vessel itself, her passengers, the range of accommodation on board and of course, the disaster itself. Visitors are taken through the three stages of the liner's last journey: the crossing, the collision and the sinking.

## Le Redoutable

Another tour takes visitors on board a quite different vessel – Le Redoutable – an old French nuclear submarine which is permanently docked at Cité de la Mer. After 20 years at sea, traversing more than 685,000 nautical miles, Le Redoutable now rests in a dry dock in Cherbourg. It is the largest visitable submarine, and one of the only ballistic missile subs accessible to the general public.

Decommissioned (and disarmed) in 1991, one can take an audio tour and experience life on board, from the engine room, control centre, canteen, crew and officers' cabins plus the torpedo room.

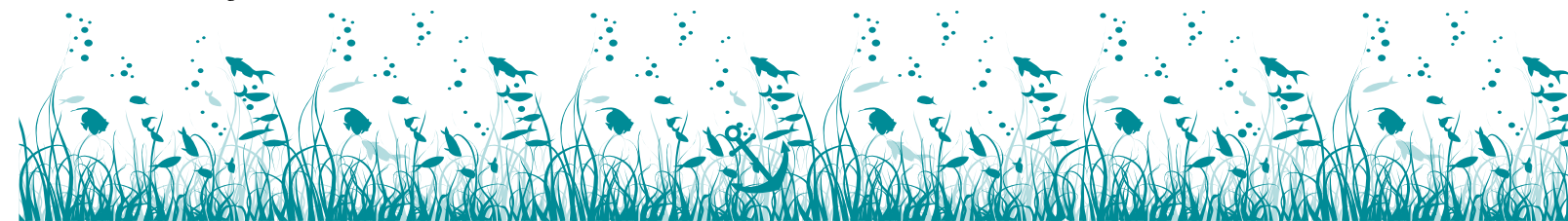
## The great gallery of machines and men

Displays submarines that have changed the course of history. The champions of the deep sea diving world – Alvin, Nautilus, Cyana and Mir – are all featured and using an audio tour, it is possible to imagine oneself at the helm of one of these vessels on an extraordinary journey under the sea. Everything from Nautilus, which reached a depth of 10 metres in 1800, to the Archimedes, with its 9,545-metre dive achieved in 1962.

## Aquarium

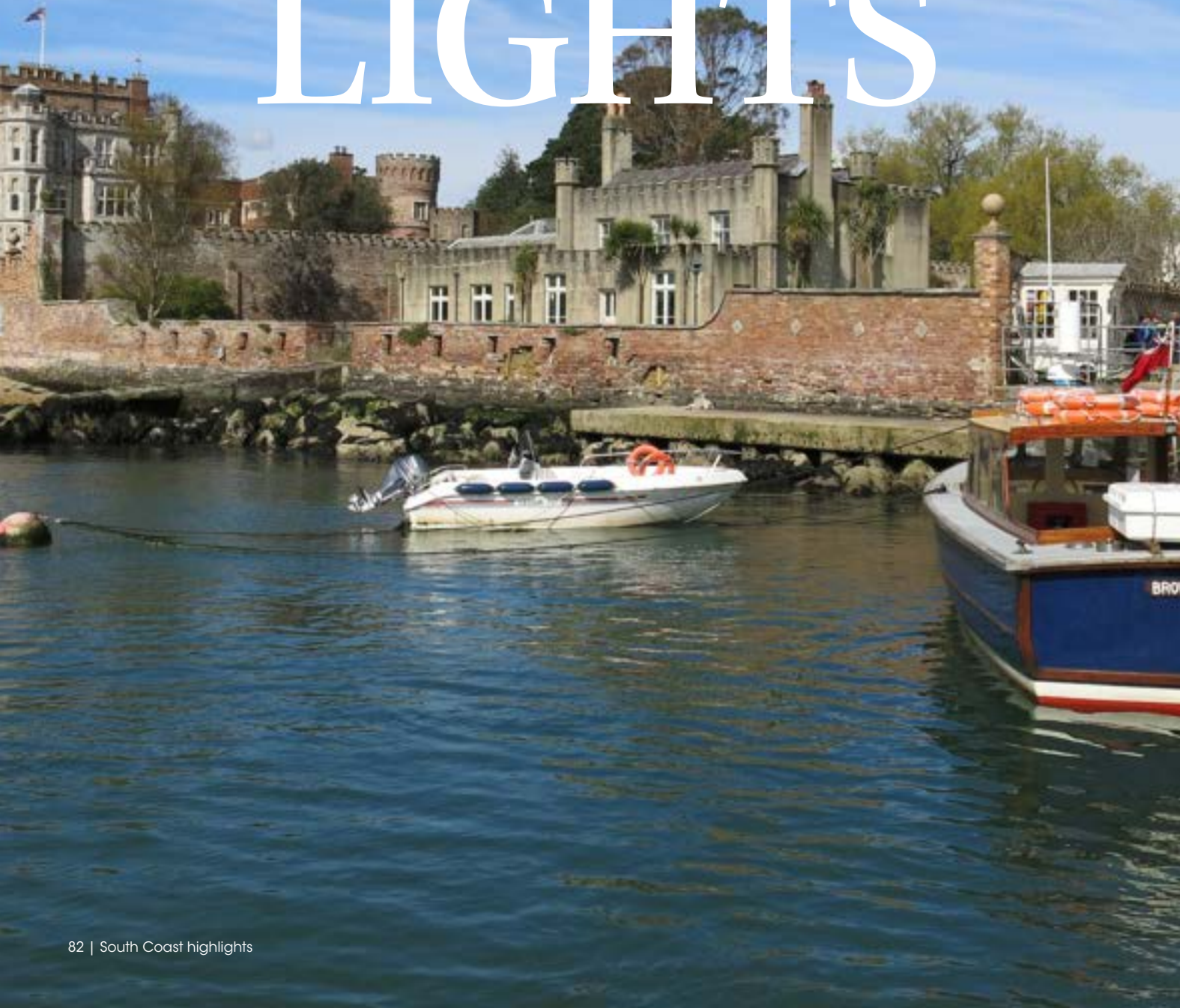
The final attraction is a three floor aquarium – the ocean of the future – which features 17 tanks and an 11 metre deep abyss, with an abundance of dazzling tropical fish, together with black tip reef sharks. Described as the last great, wild region on earth, the oceans are presented through a series of multi-media displays which include a focus on the mysterious world of plankton.

*“Walking into the Depths”* is a virtual adventure for the whole family in the company of Captain Glass, a colourful character who takes visitors down to the ocean bed. Families can share moments of wonder, thanks to large, glass screens displaying dolphins, whales and sharks. The infinitesimally small plankton is also featured, its mysterious world graphically revealed. The exhibition also has an environmental message – by revealing the blue planet itself, highlights the importance of protecting the marine heritage.





# SOUTH COAST HIGHLIGHTS



## 1. STEAM TRAIN IN SWANAGE

Enjoy a unique journey through beautiful scenery passing the magnificent ruins of Corfe Castle, travelling down to the blue flag beach at Swanage.

## 2. BROWNSIA ISLAND

The largest island in Poole harbour, with regular ferry crossings from Sandbanks, is a haven for wildlife and is home to abundant peacocks and the endangered red squirrel.

## 3. HENGISTBURY HEAD

Situated on the south of Christchurch Harbour, Hengistbury Head is ideal for walkers, with views over the Isle of Wight and the Isle of Purbeck.

## 4. MONKEY WORLD APE RESCUE CENTRE

Meet a selection of rescued primates from around the world here in Dorset. If the centre sounds familiar, you may have seen it on the TV show, Monkey Life.

## 5. RINGWOOD BREWERY

Take a brewery tour. Taste the malted barley, sniff the hops and see the fermentations bubbling away and enjoy a complimentary drink in their Pin Room.

## 6. MOORS VALLEY COUNTRY PARK & FOREST

Great for families with miles of fantastic walking and cycling trails, adventure play equipment, tree top walkway, 'Go Ape!' high ropes, visitor centre and restaurant.



SOUTH COAST

# Let's go glamping





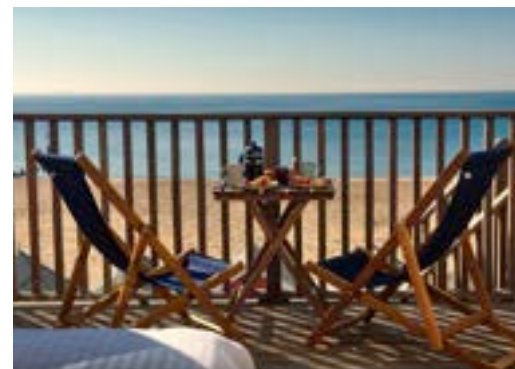
*Fulfil your childhood fantasies by staying in one of these very cool glamping sites. From shepherds huts to treehouses, tipis to vintage airstreams, make sure you have a truly memorable holiday.*

## Treetops Treehouse

[canopyandstars.co.uk](http://canopyandstars.co.uk)

Head into the realms of make-believe with a stay in this fantastical North Devonshire treehouse set in the grounds of a country hotel. Quality craftsmanship and modern technology make this treehouse a unique and luxurious retreat.

The steps up to the treehouse lift you clear into the canopy. Fire up the wood-burner, settle on the sofa and crack into the local welcome cider, exploring the rest of the treehouse. Set upon different levels, with a king-size bed and huge copper bath upstairs, a fully equipped kitchen and a barbecue on the outside deck. If you want dinner out, the superb restaurant of The Fox & Hounds is just across the grounds. Come the evening you can sink into the bean bags in the secret cubby hole on deck and watch the sun set on the fishing lake. With plenty of country walks to be had, the treehouse is perfect for both romantic escapes and family adventures. Guests can enjoy the privacy of the treehouse along with the facilities of the hotel. Overlooking a fishing lake, that is stocked with rainbow trout amongst other varieties which guests are welcome to try and catch.



## Shepherd's Hut

[mallinson.co.uk](http://mallinson.co.uk)

Shepherd's huts are a travel trend that continues to grow, and Bodgers is an exceptionally luxurious and beautiful example. Open all year round and set in the Dorset woodland, you can drop into nature and find some tranquillity.

Positioned under oak trees looking over a pond, the hut is hand crafted and features a king-sized bed, log burner and beautifully finished interiors. It measures 12.8ft x 6.5ft internally, guests say it's very cosy but if you're on the tall side, it might be a squeeze. Outside, is a BBQ that doubles as a fire brazier, a wood fired pizza oven, refrigerator, gas cooking ring and a sink with hot and cold mains drinking water. Just off the deck is a private piping hot 'tree shower' and flushing toilet. This is the perfect off-grid escape, where you can get away from it all and really relax.

## Camping Tips

[coolstays.com](http://coolstays.com)

Hoppus is a 24-foot tipi located in a peaceful and secluded clearing in the woods, with its own boardwalk and deck, as well as a fully functional toilet and 'tree' shower with the luxury of hot water! Inside, is a beautiful four-poster king size bed with an oak headboard, select antique furniture, including a dressing table, sofa and chairs, and a vintage storage trunk. The rustic decor, embraces nature, and the log burner ensures you stay toasty all year round. There is no compromise on comfort and convenience, right down to the feather down duvet and pillows, electric blanket and lighting and electricity throughout.



## Airstream Caravans

[retrostaycations.co.uk](http://retrostaycations.co.uk)

Nestled in the Isle of Wight countryside, Retro Staycations and their fleet of sleek, authentic American airstream caravans give the island an irresistible kick of Stateside style.

Remaining as faithful as possible to their mid-century origins, every van with its curved lines and silver sparkle provides an effortless blend of comfort and retro-chic. Fully equipped for the modern-day camper, they all feature private hot showers, a fully equipped micro kitchen, freshly laundered linen and towels and an outdoor BBQ and fire pit. Near Ryde, the Island's largest town with great food, shopping and ferry access, this is a charming slice of America in a classic British holiday destination! We think Retro Staycations has that one all sewn up.

## The Harbour Houseboat

[theharbourhouseboat.co.uk](http://theharbourhouseboat.co.uk)

Sensational sea views will catch you hook, line and sinker at this luxury houseboat on the Isle of Wight Solent. The Harbour Houseboat is moored in scenic Bembridge Harbour and is a 72' Thames lighter conversion. Beautifully updated and with 4 spacious bedrooms, it is now a high-end houseboat suitable for groups,

families or couples. Its modern interiors have a designer vibe with a sophisticated mix of maritime styles. Its modern restyle has brought it right up to date with gas, electricity and hot water. The sea-view deck has breath-taking vistas and is perfect for sunbathing, sunsets and starlit dining.

## Bournemouth Beach Lodges

[bournemouthbeachlodges.co.uk](http://bournemouthbeachlodges.co.uk)

The seaside resort of Bournemouth has re-cast the traditional British beach hut as a chic beachside bolthole that makes a great escape for families and couples. Bournemouth Beach Lodges offer enchanting overnight stays, in a tranquil location, overlooking beautiful sandy bays of Bournemouth beaches. Open all year round, the Lodges are literally just a few steps from the soft sand and lapping waves. They offer stylish accommodation for up to four adults and two children, each feature their own extensively equipped kitchen, toilet, shower room and WIFI. This is a perfect mix of home comforts within a holiday setting of beaches and stunning uninterrupted sea views.

Pictures left to right: Treetops Treehouse, Bournemouth Beach Lodges, The Harbour Houseboat



# SOUTH COAST

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# THE MIGHTY

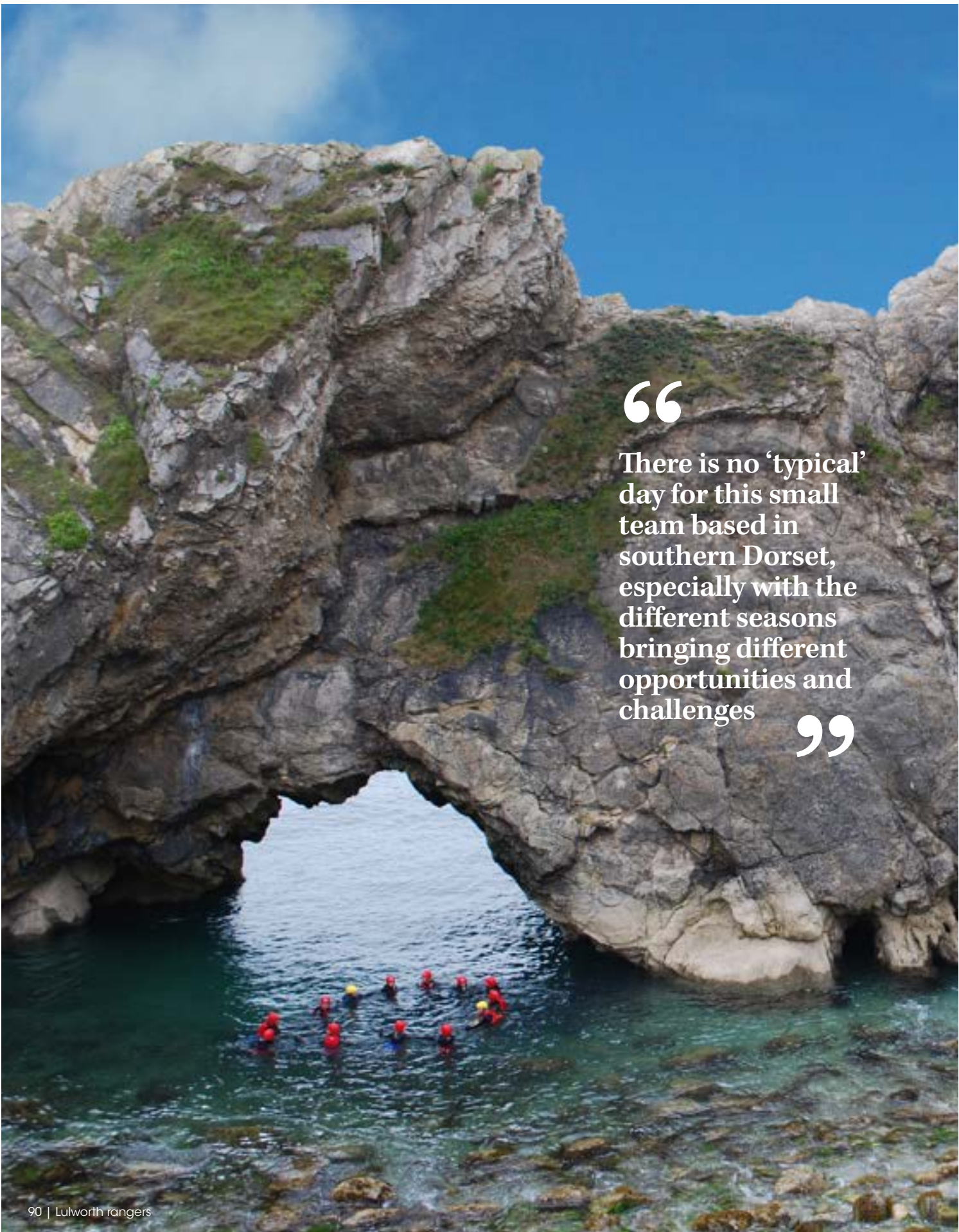
# JURASSIC RANGERS

*Taking care of the two most recognisable features in the UK, Lulworth Cove and Durdle Door is no mean feat as much as it is a privilege to safeguard these precious wonders for future generations to come. Derek Billings, Education Ranger from the Lulworth Rangers gives us an insight to how they work.*

**L**ooking after these two iconic locations that make up the ancient Jurassic Coast, is not something to take lightly, and thankfully, there is a team of dedicated Countryside and Coastal Rangers based at Lulworth Cove who are more than up to the task.

The Rangers work for the Lulworth Estate, which has been privately owned by the Weld family since 1641, but its history pre-dates that year by a matter of millions, 150 million in fact, when layers of rock were being formed during the time of the dinosaurs. Those rocks have been re-formed and eroded away to display the dramatic World Heritage Jurassic Coast we see today.





“  
 There is no ‘typical’  
 day for this small  
 team based in  
 southern Dorset,  
 especially with the  
 different seasons  
 bringing different  
 opportunities and  
 challenges ”



**T**he winter months, outside the bird nesting season, are the perfect time for the main swathe of conservation-based work to be carried out. Scrub clearance on the chalk grasslands ensures populations of wildflowers are left to naturally propagate later in the year. Yellow rattle, Cowslip, Horseshoe vetch and many other species are all abundant on the slopes of Bindon Hill, which in turn supports the vast variety of lepidoptera located along this part of the coast. The Lulworth Skipper, Adonis and Chalkhill Blue are nationally rare butterflies, but can be found with ease at Lulworth (if you know what you’re looking for). Ground nesting birds such as Skylark and Meadow Pipit also enjoy this chalk downland environment as well as Yellowhammers, Stonechats and even Dartford Warblers being recorded.

Other winter work includes coppicing, hedgerow maintenance, tree planting and looking after our Scheduled Ancient Monuments (e.g., burial mounds). It is also a time where visitor numbers are low, so regular path maintenance and step repair work can be carried out without too much disturbance.

Spring eventually comes and with it, educational groups. Over 4,000 students are taught by the Ranger team every year, in amongst thousands more visiting independently. Some are reception aged students, some are from universities, but the



majority are learning about coasts in year 6 or coastal erosion for GCSE Geography. A highlight is always seeing students’ faces when they first get a view of the magnificent coast. For some (even older) students, this is their first ever trip to the seaside.

The many feathered cap of the team means they also provide adventure-based learning for schools with members of the team qualified as coasteering and kayaking guides. These popular activities take curriculum-based learning to a whole other level with students seeing coastal features from a completely different angle. Educational stimulation is guaranteed!

The summer is not surprisingly the busiest time of year and seasonal coastal wardens are employed to assist with the demands of a large visitor influx. The sites of Durdle Door and Lulworth Cove attract over 1m people annually with the summer months seeing the bulk of this number. The team can on any day be litter picking early in the morning, staffing information kiosks throughout the day, assisting the Coastguard with emergency rescue operations, handing out bin bags, treating cases of heatstroke and/or moving overnight campers from the beach.

The popularity of the location has increased exponentially since lockdown with domestic tourism rising since the summer of 2020. Needless to say, the team works tirelessly throughout these hot months to ensure that all visitors are having a safe and enjoyable time.

By the time Autumn comes around, school groups return, and visitor numbers are starting to dwindle. However, in these shoulder months people are often looking for bespoke walks and it’s not uncommon for the team to be running fossil hunting sessions, a rock-pool school or craft-based drop-ins around seasonal themes such as Halloween or Christmas.

Working on such a famous site certainly has its challenges, but all of the team will attest to how proud they are to work at such an iconic location. With every visitor “*wowing*” as they first catch sight of the magnificent rock arch of Durdle Door, it’s hard not to feel just a little bit lucky to have those views as your office.

Pictures left to right: Curriculum coasteering; Hedgerow planting; Education sessions overlooking Durdle Door.



SOUTH COAST

# Park yoga

*Park Yoga aims to connect people to the natural outdoors, through a relaxing, energising and breathtaking yoga session, improving wellbeing and creating a positive ripple effect throughout communities.*



**T**he list of benefits is endless and the results fairly immediate. Physically, yoga develops flexibility, strength, balance and stamina. It improves posture which in turn can alleviate neck and back pain. It strengthens bones and muscles helping to avoid osteoporosis and can release tension from the whole body. Breath techniques used in yoga can help you manage stress, and encourage mindfulness by heightening awareness of your emotions. In a nutshell, yoga can arm you with the skills to switch off your brain.





“  
**The magical feeling of movement, deep breathing and fresh air is something everyone should experience. Park Yoga is unmissable!**  
 ”

**T**his summer, yoga is coming to somewhere near you! Registered charity, Park Yoga, is on a special mission to make yoga accessible to all, by providing free outdoor sessions around the UK with the aim of helping to improve health and wellbeing of as many people as possible.

The hope is also to connect people to the natural outdoors, through a relaxing yet energising yoga session to improve wellbeing and create a positive ripple effect throughout communities.

**WHEN, WHERE & HOW**

Designed for people of all ages, backgrounds and abilities, Park Yoga sessions are held on Sunday mornings from May to

September 2023. With plenty of beautiful open park space, there is no need to book which makes it a wonderful, free summer activity for anyone interested in boosting their wellness. The charity works with local organisations, Active Partnerships, parks and instructors to bring Park Yoga to local communities across the South Coast including Southampton, Poole, Bournemouth, Weymouth, Bath, Bristol, Minehead, Par and beyond.

**Got a question?**

**I'VE NEVER DONE YOGA BEFORE, CAN I STILL COME ALONG?**

Everyone is invited – all abilities. Park Yoga is a great way to try yoga for the first time.

All the instructors are fully qualified and experienced at teaching classes with mixed abilities.

**HOW MUCH DOES IT COST?**

Park Yoga is free! Donations are always welcome too.

**ARE CHILDREN WELCOME?**

Although Park Yoga is not specifically aimed at children, all the family, including children and babies are welcome (just bring a parent/guardian if you're under 18). It is just politely requested that children remain your responsibility at all times, even during the yoga poses!

**WHAT DO I NEED TO BRING?**

A yoga mat if you have one, or a towel/blanket if not, and some water!

**WHAT SHOULD I WEAR?**

Anything that's comfortable to move and stretch in. Layering is good and bring sun cream.

**WHERE IS MY NEAREST PARK YOGA?**

Visit [www.parkyoga.co](http://www.parkyoga.co) to find your nearest location.

Website: [www.parkyoga.co](http://www.parkyoga.co)  
 Facebook: Park Yoga  
 Instagram: parkyogauk

# Fishing, boating, or paddling abroad?

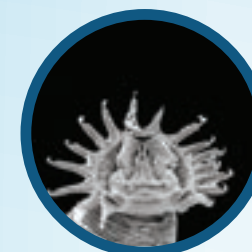
**Diseases and invasive species kill fish and block waterways. Don't bring them back.**



Invasive plants can rapidly cover the water surface, interfering with boating, canoeing and kayaking



Aggressive invasive shrimps attack and kill native species including fish eggs



Diseases and parasites such as *Cyrodactylus salaris* kill fish and can close fisheries



Crayfish burrow into river banks causing severe bank erosion

**Protect the environment and the fishing you enjoy by following these simple steps. It's even more important when you visit a new waterbody, whether at home or abroad:**



**Check** your equipment, clothing and footwear when you leave the water. Remove any mud or plant material and leave it at the site.

**Clean** everything thoroughly as soon as you can. Use hot water if possible.

**Dry** everything thoroughly for as long as you can before using it elsewhere, ideally for 48 hours.





# Get wi-fi on board

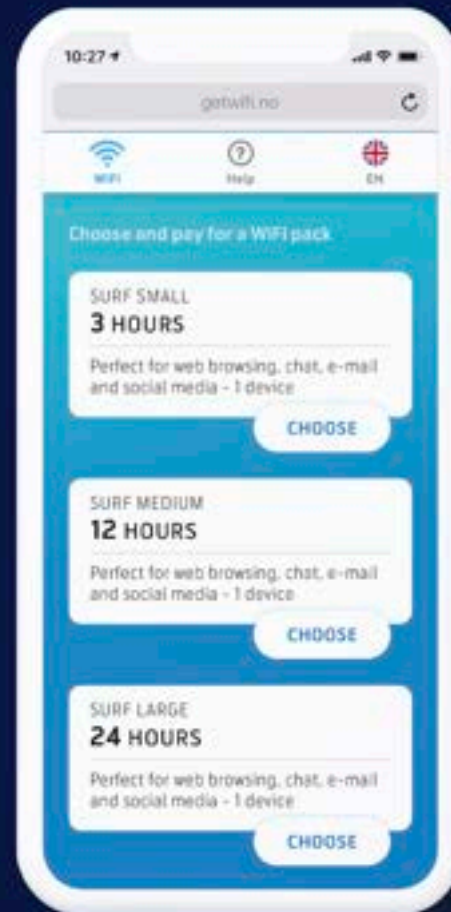


While onboard you may automatically be connected to a maritime satellite mobile network.

This is **NOT** a Condor Ferries service.

We recommend you disable data roaming and "Wi-fi assist" to avoid premium rates being charged by your network provider.

Once ready, follow these steps to connect to the on board wi-fi:



1

Open wi-fi settings and select the network "SSID"

Ouvrez les paramètres wi-fi et sélectionnez le réseau « SSID »

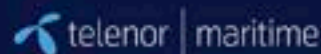
2

Select a wi-fi package with the number of hours you want access, and pay by card. You are now online! You can also buy wi-fi at the reception desk on board.

Sélectionnez un forfait wi-fi avec le nombre d'heures d'accès que vous désirez, et payez ensuite par carte bancaire. Vous êtes en ligne ! Vous pouvez également acheter le forfait wi-fi à la réception à bord du bateau.



GETWIFI.NO



## Your personal DUTY FREE ALLOWANCE

For UK bound travellers, Brexit heralds big increases to your personal duty free allowance for wines, beers and spirits. The table below is our best guide, but we advise that passengers check with local customs for the most up to date information.




	UK	Jersey	Guernsey	France
<b>Spirits / Liqueurs</b>	<b>4 Litres</b> Over 22% ABV		<b>1 Litre</b> Over 22% ABV	
	OR		OR	
<b>Fortified Wine</b>	<b>9 Litres</b> Under 22% ABV (e.g. Champagne, Port, Sherry)		<b>2 Litres</b> Under 22% ABV (e.g. Champagne, Port, Sherry)	
	PLUS		PLUS	
<b>Still Wine</b>	<b>18 Litres</b> (e.g. 24 x 75cl bottles)		<b>4 Litres</b> (e.g. 6 x 75cl bottles)	
	PLUS	PLUS	PLUS	PLUS
<b>Beer or Cider</b>	<b>42 Litres</b> (e.g. 5 cases 24 x 330ml)	<b>16 Litres</b> (e.g. 2 cases 24 x 330ml)	<b>50 Litres</b> (e.g. 6 cases 24 x 330ml)	<b>16 Litres</b> (e.g. 2 cases 24 x 330ml)
	PLUS		PLUS	
<b>Cigarettes</b>	<b>200</b> OR 100 Cigarettes or 50 Cigars OR 250g Tobacco OR 200 Tobacco sticks		<b>200</b> OR 100 Cigarettes or 50 Cigars OR 250g Tobacco	
	PLUS		PLUS	
<b>Other Goods</b>	<b>£390</b> (e.g. fragrances, cosmetics, gifts, gadgets and souvenirs)		<b>430€</b> (e.g. fragrances, cosmetics, gifts, gadgets and souvenirs. If under 15 years 150€)	

You cannot combine allowances with other people to bring in more than your individual allowance. You must be 17 years or over to qualify for allowances on alcohol and tobacco in Channel Islands, 17 years or over for alcohol and 18 years or over for tobacco in France.



**IN THE EVENT OF AN EMERGENCY** - you will hear the general emergency signal which consists of **seven short blasts followed by one long blast** on the ship's whistle and alarm bell. On hearing this signal all passengers must return to their seats on **Liberation** and **Voyager**, or proceed to their muster station on **Clipper**.


**EN CAS D'URGENCE** - vous entendrez le signal d'alarme. Cette alarme comprend **sept coups courts suivis d'un coup long**. A ce signal tous les passagers doivent impérativement regagner leur siège et écouter attentivement les annonces qui suivront.

 **Action:** Remain calm. **Liberation / Voyager:** Return to your seat. Follow crew instructions, and listen carefully to all announcements made. **Clipper:** Go to your nearest muster station. Please study the safety plan carefully.

**Lifejackets:** These are found under your seat on **Liberation / Voyager**, and issued by a crew member on **Clipper**: Use only when instructed by the crew. Lifejackets will be issued separately for all infants and children weighing less than 32kg/5st.

**Evacuation:** Each part of the vessel has a designated evacuation route as shown on the vessel plans, in the unlikely event of an emergency, life rafts and slides will be deployed. Our fully trained crew will direct you to your nearest raft evacuation point or lifeboat embarkation point onboard **Clipper**.

**Remember:** Remove sharp objects. Remove all high heels. Leave all personal belongings.

 **Action:** Veuillez rester calme. **Liberation / Voyager:** Retournez à votre siège. Suivez les instructions de l'équipage et écoutez attentivement toutes les annonces faites par l'équipage. **Clipper:** Rendez-vous au poste de rassemblement le plus proche. Etudiez attentivement le plan d'évacuation.

**Gilets de sauvetage:** Sur le **Liberation** ou sur le **Voyager**, ils se trouvent sous votre siège. Sur Le **Clipper** ils seront distribués par l'équipage. Utiliser uniquement votre gilet de sauvetage sur instruction de l'équipage. Les gilets de sauvetage seront distribués séparément pour tous les enfants pesant moins de 32kg.

**Evacuation:** Toute place assise est associée à une zone d'évacuation précise. Dans l'éventualité d'évacuer le bord, les radeaux de sauvetage et toboggans seront déployés. L'équipage se tiendra à sa position d'évacuation. Les passagers abandonneront le navire sur les instructions du personnel naviguant. Notre équipage est entraîné aux situations d'urgence et il vous dirigera vers le point d'évacuation le plus proche.

**Attention!** Retirez tous objets coupants. Otez les chaussures à talon. Ne prenez aucuns effets personnels avec vous.

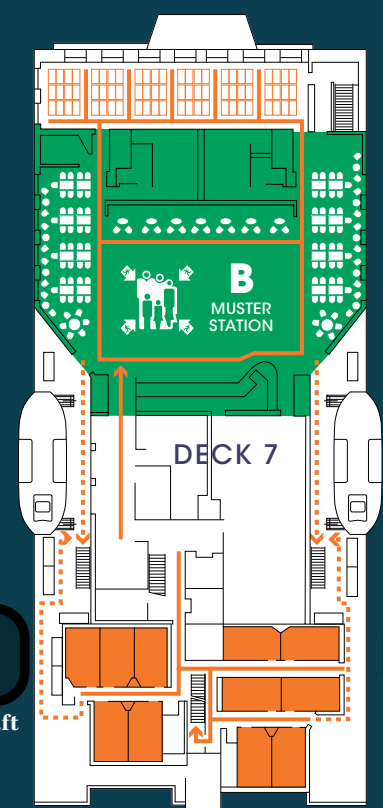
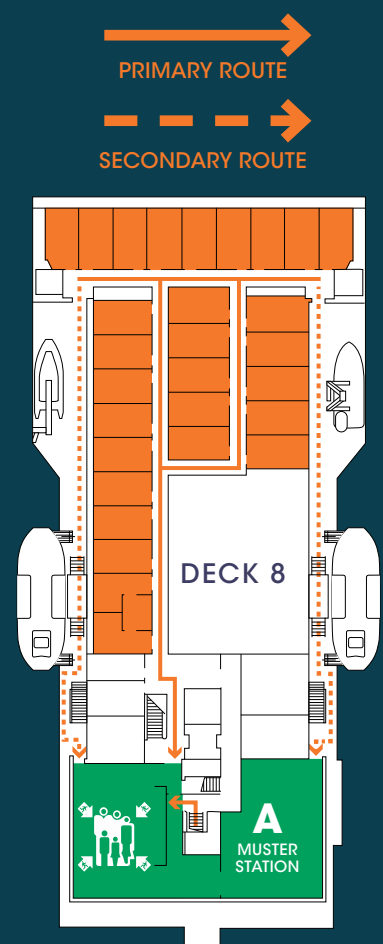
**LIFEJACKETS / GILETS DE SAUVETAGE**



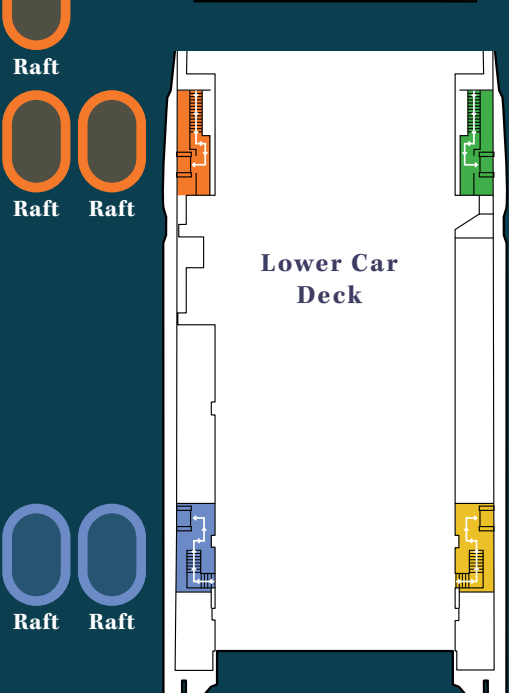
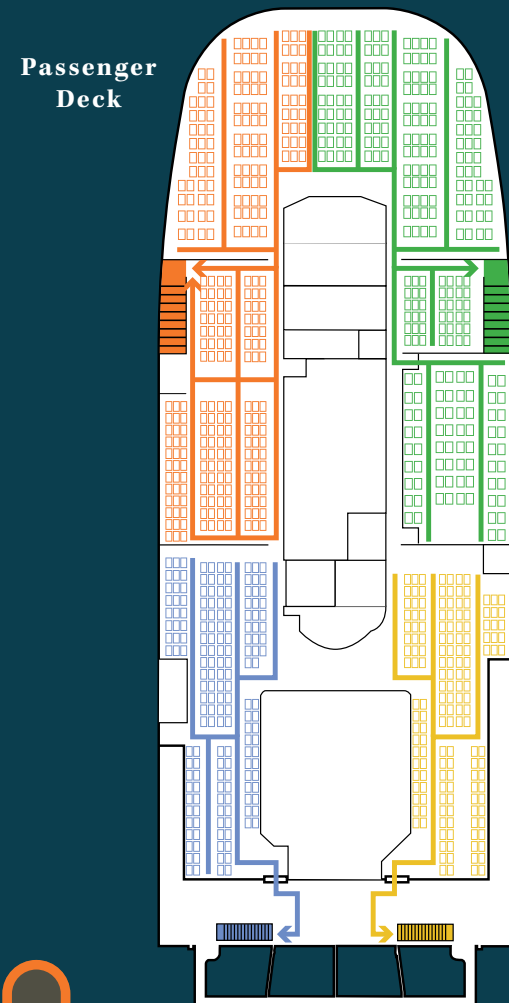
**SLIDE TO RAFT/TOBOGGAN MENANT AU CANOT DE SAUVETAGE**



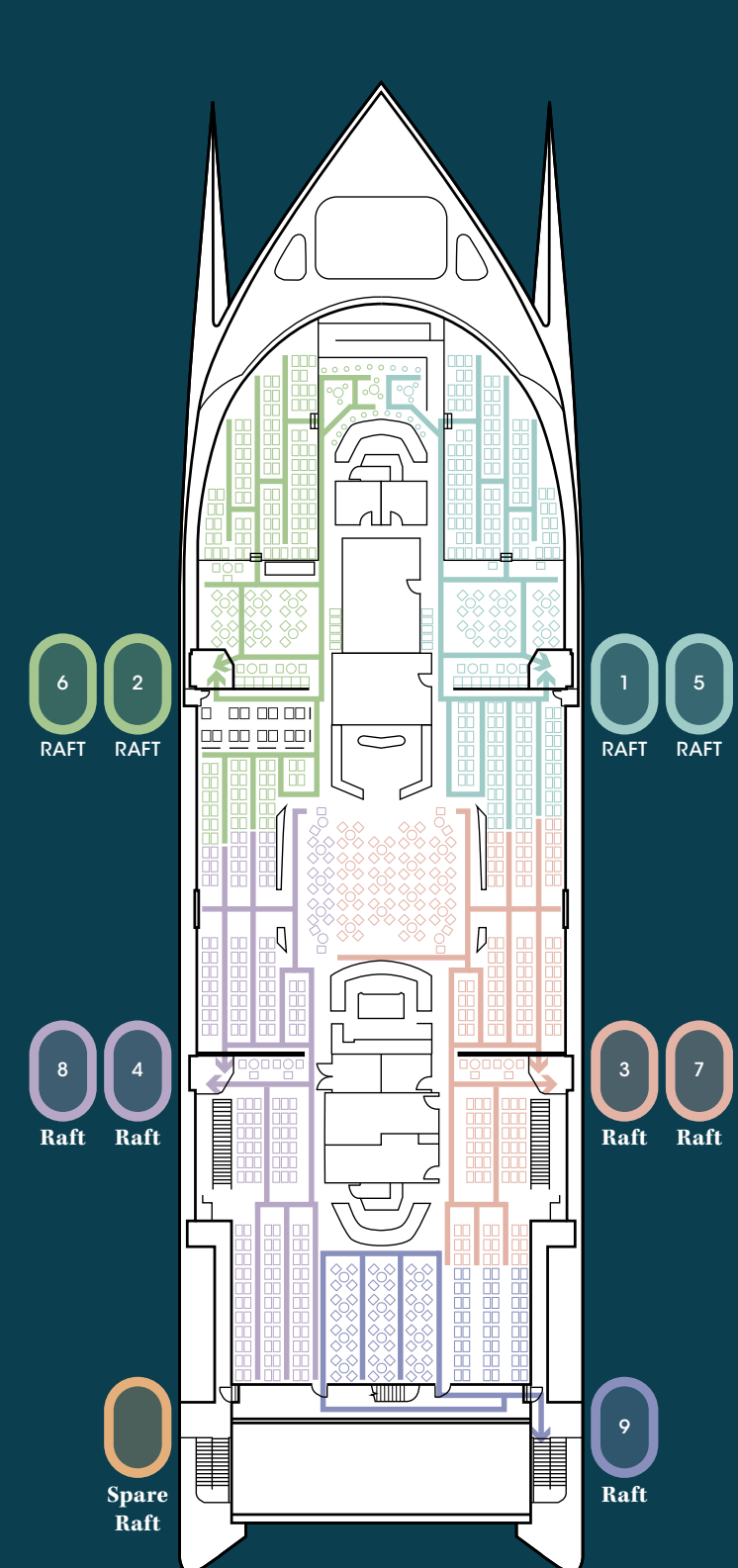
**Commodore Clipper**



**Condor Liberation**



**Condor Voyager**





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